



The INSIDER

An Independent Newspaper
For Wynmoor Residents

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JANUARY, 2018

SPOTLIGHT ON BRUCE BANDLER

By Insider Staff

This month, we wanted to shine our "Spotlight" on an individual who has served Wynmoor residents for nearly three decades. This person is Wynmoor's Administrator Bruce Bandler.

Bruce grew up on Long Island and graduated with an accounting degree from Queens College. Not too long after graduating from college, Bruce moved to Florida, where he was hired as Finance Director at the prestigious Turnberry Isle in Aventura where he served for 13 years. In 1990, Bruce accepted a position at Wynmoor as its Director of Finance. During his tenure as Finance Director, Bruce worked with three Wynmoor Council Presidents: Jay Mizel, Al Hiller and Sam Panetz.

After the retirement of Pat Ravo, Wynmoor's previous administrator, Bruce Bandler was selected to lead Wynmoor as its new Administrator. Within a few years of becoming the Administrator, Bruce helped coordinate the establishment of the 19th hole restaurant; the real estate office and medical office of Northwest Hospital on Wynmoor property.

Besides overseeing 8500 residents, 200

employees, 134 separate buildings and a budget of approximately \$50 million dollars, Bandler is easily assessable to all of the Wynmoor residents. Just last weekend, Bandler attended an association pool BBQ to meet and mingle with residents. "We have a great team of people who work at Wynmoor everyday," said Bandler.

What is remarkable to visitors of Wynmoor, is how well the community is maintained and operates. If you visit any of the Century Village properties or other senior communities that were built in the same decade as Wynmoor, you will recognize how well Wynmoor has been maintained. Bandler claims, "we never let Wynmoor get old."

When he is not working, you can find Bruce running his daily 2 miles, enjoying music or a good movie. Bruce has been married to his bride Judy for 40 years.

The Insider wants to honor Bruce Bandler as one of Florida's best Administrator's and his staff for making Wynmoor a great community.

Since becoming Wynmoor's Administrator, Bruce has served with Council Presidents, Harold Goldberg and now Jackie Railey.



THANK YOU BRUCE,
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Happy Holidays



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We encourage your submissions. Please keep all articles timely, according to issue being published. Articles must be typed double spaced (upper and lower case), or **legibly** printed, signed and include the author's address and phone number. We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted material becomes the property of **The INSIDER** and will not be returned. The Insider is not responsible, and assumes no liability for the content expressed in any contributed material.

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- PEN TO PAPER 250 Maximum
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Deadline: The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

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Security News

Dispatch: 954-978-2667

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules.

First Offense: \$25.00 Fine Second Offense: \$50.00 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Your Security Alarm System

If your unit DOES NOT have an alarm system, contact Protection One at 954-956-9625. The office is located in the Main Security Building. Unit owners should also be aware that the Emergency Systems DO NOT work with MagicJack, U-Verse or Voice-Over IP (Like Vonage).

Your Guest List

There is no longer a permanent guest list. The new Wynmoor Gate System brings greater security to our community. Unit owners or tenants are responsible to call in their guest, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guest has I.D. ready when approaching the gate for proper verification. Make sure your guest has the NAME and ADDRESS of the resident they are visiting.

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- Automated Gate Access: 954-978-2666
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- Coconut Creek Police, Non-Emergency:..... 954-973-6700

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- Country Club:..... 8:00 AM - 12:00 Midnight
- Racquet Center:6:00 AM - 11:00 PM
- Theatre Complex:...7:00 AM - 11:00 PM (unless there is a specific approved event)

INSIDE

Pen to Paper.....	Page 7	Poetry	Page 36
Mailbag	Page 12	Dr. Oz	Page 39
Golf News & Tips.....	Page 12	Broward Library.....	Page 40
Dinner Theater	Page 14	Sheriff	Page 41
Martin Zevin, PA.....	Page 19	Neighbors.....	Page 42
Games/Puzzles	Page 20	Jan. Shows.....	Page 44
Commissioner Bogen	Page 23	History Corner	Page 45
Ask Debbie	Page 24	Jan. Classes.....	Page 46
Financial Focus	Page 25	Pete's Slice of Life.....	Page 51
Front Row Center	Page 26	City Matters.....	Page 52
Movies	Page 29	Inspiration Station.....	Page 52
Dr. Joy.....	Page 30	Clubs.....	Page 55
Property Appraiser	Page 35	Who' Who in Wynmoor	Page 58



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pen to paper

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The Saga Of My Missing Pants

By Terri Daniti

Lately, it has seemed to me that my mind has been so scattered - not really paying attention to what I am actually doing right then and there but going thru those motions - yet my mind is onto something that is either needing to be done next or in the somewhat near future. I guess you could really say it's not paying present attention. I used to be really good at multitasking, but it just doesn't seem to be working out that way anymore. I will start off letting you know that what has brought me to this conclusion is because somehow, I lost my pants and it really is bothering me as they were new pants just worn a few times. I wish I could say it was because of some marvelous adventure, but it's not.

It all began on the Wednesday before Thanksgiving. I was getting ready to leave my condo to go to my daughter's to begin the day before cooking preparation for the Thanksgiving meal. You know us Italians, even though we planned the menu, we always feel there is never going to be enough and I had been informed that I would have to prepare doubles of everything that were my assigned items. So, as I'm mentally going thru what additional items I had to make, sure, I had on hand, I was also sorting laundry because I wanted to make sure I did not leave my newish navy blue pants to be washed - which they could be done that way but I wanted to have them dry cleaned instead - and my thought was to put them in my car so that on Friday when I had more time, I would drop them off at the dry cleaners. To be clear - I know I had them with me when I left the condo and I also would swear that I actually put them in the car. Now, before going to my daughter's, I also had to stop and pick up the item I ordered at "Edible Arrangements," which I know was going to have to be at the Walk on University. I mean, I had the ticket with me and had been advised when I placed the order that they

were located right behind Starbucks. So, I drive out of Wynmoor and before I knew it, I was behind a Starbucks but couldn't find the shop. So, I called the store, explained my situation, and I was very nicely informed that I was more than likely at the Promenade instead of the Walk - which turned out to be the case. See what I mean about my mind scattering.

I got on my way, prepared the food, enjoyed the next day, and before you knew it, Friday arrived, and I was on my way to the dentist's but wanted to stop at the dry cleaners first - but I couldn't find the pants which I knew I put in the car on Wednesday. So, I just thought I must have left them in the condo. Upon returning back, they were nowhere to be found in the condo. I even looked again thru what was going to be washed, and once again going thru the car! Nowhere were the pants to be found and I felt confused and wondered where the hell were they and that I should have decided to wash them instead of wanting to dry clean them.

On Monday, I saw the cleaning woman for the building and I asked her if she happened to see a pair of navy pants and she then told me she did find a pair on Wednesday on the bench outside our building and she left them there wondering herself who would leave a pair of nice pants behind - why me of course - but I'm still thinking I did put them in my car! Then, two other woman who were on the bench hearing this said they did too see them that day, but no one thought to move them - possibly to the laundry room (which I had even checked thinking maybe someone had put them back there) so they were just left on the bench seen by many who passed by.

So, in conclusion, obviously someone came along and possibly took the pants either for themselves or someone else - or perhaps threw them away - but regardless - just as a heads up - if by chance on the holidays, you are a woman and received a pair of size 14 navy blue pants with no tags - you might want to either wash them or have them dry cleaned before wearing them!

Pen to Paper continued on page 8

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Pen to Paper continued from page 7



pen to paper

A Gazillion Little Blueberries... On My Floor

By Nancy Lee Schwartz

At least a gazillion - I'm not kidding.

Every morning with my cereal I have a half cup of blueberries (they're supposed to help your memory-HAH!). I had a new bag of the little suckers in the freezer. (I couldn't get my regular brand, so I had grabbed these.) When I went to open them, I noticed the bag was different - it had some kind of gizmo on the back that you had to pull up, which would grant access to all the berries. If my memory serves me correctly (occasionally it does - believe it or not), they were sort of bragging about their new back-of-the-bag opener.

Well, at my first gentle pull, nothing happened - so I gave it a good hard pull - and guess what - - **blueberries all over my white kitchen counter top, floor (also white) on into the hallway and not stopping until they reached the dining room table - all of those little suckers defrosting with the speed of light and turning everything in their path purple - including the grout between the tiles! It made my immediately aching head swim!!!!** I never saw anything roll or melt so fast.

At that point I really wanted to leave home - but that being impossible since my husband had the car - I had no choice. On my hands and knees, with a stiff piece of cardboard, I managed to corral all those "#@% nasty little suckers and get them into a strainer, where I rinsed them off and slapped them back into the #@! bag. (You didn't imagine I would pay for something and not get my money's worth, did you? This is the kid who shops with a fist full of coupons!)

And that was only the beginning of the day. Thank God for Walgreens' little migraine pills. I popped myself a pill - they're almost pure caffeine and they do make me ever so happy - and in a few minutes the whole thing seemed pretty funny.

But let me tell you - this morning I was ever so careful when I scooped out my half cup of blueberries - ya live and ya learn!!! See that??? Ya can teach an old dog new tricks!

Wheeling And Dealing

By Irv Kaplan

Bev and I were having dinner with a girlfriend she had known since college days. In the midst of the conversation, her husband mentioned that they were hoping to sell her 2001 Camry because her macular degeneration was getting worse and she could no longer drive safely.

In the 16 years she has had the car, she had only put on 63,000 miles. I asked, "How much do you want for it? \$1,000. It's an old car," he answered.

I thought that if it were in good shape, I could buy it and then flip it and make some extra money.

The next day, I tested the car, and it drove like a new car - maybe even better. The owner had only driven it to and from the YMCA for her weekly water-exercise class. In bad weather, I don't think it ever left the garage. It probably never saw rain or snow!

I asked if I could take it to my mechanic to check it out.

"Sure - no problem."

Bob, a certified mechanic, who works out of his home, looked it over and said, "this is like a new car, not even broken in - no rust and just needs a good cleaning." He thought I could flip it for as much as \$4,000.

The 2007 Hyundai I was driving had 140,000 miles, and ran well with no problems, because I take good care of all the cars I drive. It was a big decision, but I decided to sell this car and keep the Camry.

I told my son Michael about my plans and he said, "Dad, I'll buy you the car. You bought cars for me and my brothers when we were all young and this is our big chance to give you a gift." He called his brothers and they all chipped in.

The story gets even better. I posted a "For Sale" sign in Bev's condo and sold my Hyundai for \$3,250 to the daughter of one of the residents. She was as delighted with her deal as I had been with mine. It was a win-win situation.

I added some aftermarket features to the Camry and in addition, two new

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tires, bought a remote door opener, a back-up camera, a blue tooth, and a GPS.

When my son Billy and I drove it down to Florida, I got 31 miles to the gallon and it ran like a new car. Bev is jealous of the mileage, as her 2014 Buick is a gas-guzzler.

It was a great deal all the way around. The seller was happy with the \$1,000. I was happy with the \$3,250 for my Hyundai and, best of all, my sons were delighted to buy Dad a new (old) car. What could be better?

Of Time And Tides

By Beverly Friend

The following article is scheduled to appear in a book of essays on the theme, "Lost and Found: Embracing the Whole of Life." It will be published in 2018, by the Jewish Reconstructionist Congregation in Evanston, Illinois.

My granddaughter's significant other has an unusual tattoo inscribed on his forearm: not an anchor, tiger, heart, or name - not even the word "Mom." Instead, it is the closing line from a famous novel, which reads, "So we beat on, boats against the current, borne back ceaselessly into the past."

Recognize it?

I didn't, but my late husband, Jim, would have identified it immediately as the final sentence from one of his favorite books, "The Great Gatsby."

My first thought on meeting Andy and reading the line, was "Oh, how Jim would have loved to meet you." However, Jim, who died at 55, has been gone for 30 years. These two would have enjoyed so much in common: both lovers of words and teachers of literature.

When I met Andy, he was starting graduate school. Now, two years later, he has just begun to teach high school English. Both Jim and I were English professors. What conversations might have arisen? What ideas might we have shared - books read, lines interpreted, life lessons mulled over and internalized.

If I believed in fate, I might presume that Jim had sent Andy into our lives. Certainly, I cannot look at him or hear him talk about the challenges he is

meeting in this first year of teaching, without thinking of and hearing my late husband. It is bittersweet. My eyes tear up as I write these words.

It is not simply that these two shared a passion for the same book, the same career, and women from the same family. It is the meaning behind this particular shared sentence. Certainly, F. Scott Fitzgerald was right. We are like passengers on boats, helplessly struggling against life's currents to get ahead, and often beaten back. Our lives are cyclical; both Fitzgerald's quotation and the theme of this book - "Lost and Found: Embracing the Whole of Life" - affirm this by reflecting the same philosophy.

I thought I lost Jim-- so much so that when he died, I wrote a poem titled "Searching:"

When Jim was alive

I never could find anything.

He was so neat.

Everything was put away

In just its proper place

I never could find anything.

And now . . .

I can't find Jim.

I was wrong. I find Jim every day in the embracing of life. I find him in my children, grandchildren, and now great-grandchild. I find him in their faces, in their words, in their passions. They are his legacy to me. I hear him in one daughter's musical compositions, and see him in my other daughter's dedication to her work. I watch my children reflect their father's empathy and compassion. I see him vividly in one grandson's striking physical resemblance and dedication to detail, and in a granddaughter's love of cooking. I hear his voice in restaurants when I read menus and know what he would order. I experience his many enthusiasms every day and try to internalize his approach to life. He always said, "Don't mourn my death, celebrate my life" - words inscribed on his tombstone.

Pen to Paper continued on page 10

If your walls could talk, they'd thank you.



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pen to paper

Pen to Paper continued from page 9

Loved ones will be physically lost. The heart - breaking and then healing - provides a renewed embrace of life. The present echoes the past if we listen for it. Being borne back into this past, provides a golden opportunity to pause, remember, relive it, and move forward.

Not only have I found Jim, but unexpectedly I've come to realize that, with Andy's arrival, he has found me.

Beverly Friend's class on *Jewish Themes in Law and Order and Blue Bloods* will start Monday, Jan 8 in the Lecture Hall. For further information, email: friend@oakton.edu

Granny

Joseph Smith

She was always dressed in black. At least, that's how I remember her. Black skirt with a matching blouse together with black stockings and shoes. Outdoors, in cold weather, she wore a shawl, not because she was of the Muslim faith; stern Presbyterianism was her religion. Sometimes the shawl would be grey but never a bright colour. She was dressed like all the widows in my village, she wore her widow's weeds well.

Her hair was always made up in a bun on the back of her head. The bun was referred to in my village as a "tappie." Hair stylists did not exist in her day, the era of ponytails was decades away. She spoke the Scots tongue of the North that nowadays, is referred to as the Doric language. I doubt if she understood English.

Her name was Jessie Ann Mair (Boben) and she was my Granny. Born November 12, 1874 to Isabella Mair (nee Galt) in the parish of Rathven in the North of Scotland; her father was Alexander Mair (Boben.) The name Boben, commonly referred to as a "Tee Name," was added to identify which particular Mair family she belonged to; the number of surnames being very limited in those days. Although a tee name was unofficial, it was, never the less, included on birth certificates. It became, in a way, her real name, so, it was official enough.

Granny was a worrier, first class. If you wanted to be reminded of something at a later date, she was perfect for the job. She was the most reliable alarm clock I ever had. The coastal bus service through my village ran at half-hour intervals. When Granny left on a journey, she invariably caught a bus half an hour before the one she intended to catch. She was never late.

There were no funeral parlours in the village, but most houses had a special room set aside where the dead would be displayed. With splendid originality, it was referred to as "The Room" and it contained the best furniture in the house. It was also used on other special occasions.

Village funerals were well attended. It was the custom that only men would walk behind the coffin on its way to the graveyard, which was located about a mile away. Women, however, were not totally excluded. Like the mourners of the Middle East, they would gather in droves around the fireside of the bereaved to offer support and sympathy. Gallons of tea were consumed. To the best of my knowledge, my Granny never missed a funeral. Traditionally, a well-lubricated celebration, or wake, was held at the home of the deceased after the interment. The ritual would not have been complete without a drop of Scotch to help the departed on his or her way.

The economy of my village was sustained by fishing, with the women being just as involved as the men. As a Fisher Lassie, my Granny was employed on shore, gutting and packing herring. It was a dirty job, but it paid well and was the only employment available. The girls worked in threes, with two gutting and the third packing the fish into barrels. Salt was used to preserve the herring. After testing a barrel and its contents, a Fishery Officer, if satisfied, would issue a Brand Mark, guaranteeing that the herring would keep in any climate for twelve months. Even in the tropics.

Working in cold salty water, hands were often chapped and raw. If the fish were plentiful, working hours could be long, starting at 6:00 AM, and continuing well into the night. There was a dance on Saturday night and, dressed in their best, all attended church on the Sabbath.

Although the work was onerous, Granny enjoyed following the boats, chasing the shoals of herring around the coast. Wherever the boats went, a train-load of Fisher Lassies followed. They met the people of the Orkney and Shetland Islands and the Gaelic speakers of the Hebrides. The highlight of their travels, however, was the seaport of Yarmouth on the East coast of England where they could let their hair down and for a short time and cast aside the stultifying shackles of the Church of Scotland. Granny would smile secretly when she mentioned Yarmouth, but could not be persuaded to yield any details.

Pen to Paper continued on page 13

GOLF PACKAGE

Golf Package Price: \$75.00
(includes T-shirt, Luminaria bag & the following events:)

- 2/16 at 8:00pm Kick-off Dance
- 2/17 at 8:00am Golf Tournament
(includes Continental Breakfast at the Cove)
- 2/17 at 1:00pm Luncheon & Live Auction
- 2/18 at 9:00am Parade
(includes Continental Breakfast at the Cove)
- 2/18 at 5:30pm Bar-B-Que
- 2/18 at 7:00pm Luminaria Walk

SOCIAL PACKAGE

Social Package Price: \$50.00
(includes T-shirt, Luminaria bag and the following events:)

- 2/16 at 8:00pm Kick-off Dance
- 2/17 at 1:00pm Luncheon & Live Auction
- 2/18 at 9:00am Parade
(includes Continental Breakfast in the West Wing)
- 2/18 at 5:30pm Bar-B-Que
- 2/18 at 7:00pm Luminaria Walk

A-LA-CART EVENTS

- (Sold Separately)
- 2/15 at 2:00pm Showcase at the Theatre \$15.00
(Showcase sold at Theatre Box Office during normal business hours)
 - 2/16 at 8:00pm Kick-Off Dance \$15.00
 - 2/17 at 8:00am Golf Tournament \$50.00
 - 2/17 at 1:00pm Luncheon & Live Auction \$25.00
 - 2/18 at 9:00am Parade, T-Shirt & Luminaria Bag \$20.00
 - 2/18 at 5:30pm BBQ & Luminaria Walk \$25.00



RELAY FOR LIFE 4TH ANNUAL WYNMOOR EVENT

FEBRUARY 15-FEBRUARY 18, 2018



EVENT DESCRIPTION

(Each event can be purchased separately)

Theatre Showcase~Thursday, February 15th~2:00pm~\$15.00
Come enjoy a show of great magnitude! A variety of acts will perform in the Wynmoor Theatre. Starring Sarge, Mel Williams, Andrea Michaels, Matthew Sabatella, Roy Michaels, Marcel Rasa, Andy Davis, Don Stansfield and Richard Beavivus. Doors open at 1:00 PM. **Seating is limited. Tickets on Sale now at the Theatre Box Office.**

Kick-Off Dance~Friday, February 16th~8:00pm~\$15.00
Rock the night away with us! Make sure you start the weekend off right with the Relay Kick-Off Dance. There will be a perfect blend of old and new music. **BYOB. Seating is limited.**

Golf Tournament~Saturday, February 17th~8:00am~\$50.00
It's Tee Time! Come play on Wynmoor's 18 Hole Executive Golf Course. Set up your own team or we can do it for you. This is an all inclusive event. A Complimentary breakfast will be served at 7:00 AM at the Cove and Tee Time begins at 8:00 AM.

Champagne Luncheon/Live Auction~Saturday, February 17th~1:00pm~\$25.00
Enjoy a tasty lunch and sip on some 'bubbly' with your friends and neighbors. After lunch, take part in a Live Auction. Bid on a variety of art pieces, home goods, sporting items, all exclusive trips and much more. **Seating is limited**

Parade with T-Shirt & Luminaria Bag~Sunday, February 18th~9:00am~\$20.00
Walk for the Cure. This event will begin with a continental breakfast on the Cove Patio at 8:00 AM. At 9:00 AM the Parade will start. A Wynmoor bus will trail for anyone who would like to 'hop' on during the walk. The walk will continue around the Wynmoor Circle. T-Shirt size is required. T-Shirt pick up will be announced.

BBQ & Luminaria Walk~Sunday, February 18th~5:30pm~\$25.00
This is the Finale Event of the weekend. Enjoy the buffet of food. Food will be provided by the Moose Lodge. Music for your dancing pleasure is provided by Mike Rapposelli. The Luminaria Event will follow and will be led by a bag piper. **Seating is limited.**

SPECIAL ITEMS

'Honor Your Loved Ones' Poster~\$30.00 OR 2 for \$50.00: A personalized poster can be designed in honor or in memory of a "loved one," friend or family.

T-Shirt~\$15.00: Enjoy a custom made Wynmoor Relay For Life T-Shirt to show your support. T-shirt size required when signing up.

Luminaria Bags~\$5.00 Your very own Luminaria Bag will line the 18th Hole walk way after the BBQ Event. Purchase one to honor your family and friends. Design your own or have us design it for you. Pictures submitted for the Luminaria Bags are not guaranteed to be returned.

Chance Books~One Ticket:\$3.00 OR Five Tickets:\$5.00 Get your chance to win a fully refurbished golf cart with a 1 year warranty or a 2 night stay and 4 rounds of golf at Marriott Hutchinson Island. Drawing takes place on Sunday, February 19th during the BBQ. Need

REGISTRATION LOCATIONS AND TIMES: MONDAY, WEDNESDAY AND FRIDAY FROM 10:00AM-2:00PM IN THE COUNTRY CLUB LIBRARY. THURSDAYS FROM 5:00-8:00PM AT THE COVE. ON SUNDAYS FROM 2:00-4:00PM AT THE MAIN POOL. NO REFUNDS. ALL SALES ARE FINAL. DONATIONS ARE WELCOME. PROCEEDS + CONTRIBUTIONS ARE DONATED TO THE AMERICAN CANCER SOCIETY. MAKE CHECKS PAYABLE TO: WCC, RELAY FOR LIFE. FOR MORE INFORMATION CALL JACKIE AT 954-971-6544.

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WYNMOOR Golf and Tips

By Kevin Battersby, PGA



The Season is in full swing and hopefully you are too with your golf game. A few tips to help

improve your distance and consistency:

- Shorten the length of any club, especially your driver, by gripping down up to an inch for more on center hits.
- Experiment using your 3 or 5 wood-off the tee, especially in those wet days, when the ball is not rolling as usual.
- Employ a waggle with your hands and arms to keep tension from destroying your speed and feel.

- For more club head speed, utilize a ten-finger or baseball grip, especially if you have a slice on your ball to increase hand action.

- Playing the forward tees gives one a more realistic view of your abilities.

If you need clarification of these tips, join us on select Friday's at 10:00 AM for a free golf lesson. Clubs and balls are all provided. We meet on the putting green near the first tee. There is no sign up. Just come on out and meet other residents of Wynmoor.

Join us for the free golf classes this season.
Great way to meet other residents!



In the Mailbag

Mailbag

Dear Reader:

THANK YOU, THANK YOU, Wynmoor workers.

I have lived in Wynmoor for over 10 years and I wish that I had taken the time to tell you that I appreciate the beauty of Wynmoor and the work that you do. Instead, it has taken a hurricane and other catastrophic weather, for me to say thank you for preparing such a beautiful place for me to live. I could have said thank you when I saw you baking in the Florida sun as you fixed the roofs, maintained the landscaping or completed other ground-keeping tasks. I can only hope you know that your hard work is truly appreciated.

Thank you for keeping Wynmoor so beautiful day after day. However, you deserve a very special thank you for restoring our community after Hurricane Irma. It was a herculean task, not only because Irma was a catastrophic damage producing event, but there also was other wind and rain disasters, which preceded and followed Hurricane Irma. It wasn't easy lifting those trees and moving the debris for weeks on end, yet you did it all so quickly. Thank you to everyone on Landscaping/Maintenance/Grounds-keeping teams and other departments for all that you did.

Sincerely,
Anita Klein



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A Tribute To Linda Schwiesow

Several months have now passed and I am still feeling the pain of losing a very special Temple member and friend.

It is said that everyone is replaceable but to replace Linda takes a whole team.

I was most fortunate to work with her and Donald on various temple and sisterhood functions and now her loss has become a startling reality.

Linda, I know you are in a good place now and I'm sure many feel the loss as I do.

You may not be here, but ever in our memories.

Harriet Shlam, Treasurer,
Liberal Jewish Temple

Pen to Paper continued from page 10



pen to paper

In the Winter, there was line fishing for white fish, another operation where the women's contribution was crucial. They would get up in the middle of the night to go gather and bring home baskets of mussels, needed to bait the lines. Since each of the many lines was armed with hundreds of hooks, baiting was a long process. Before the boats set sail for the fishing grounds, the wives took off their shoes and stockings, tucked up their skirts and carried their men, piggyback fashion, out to the floating boats. This ensured that the men's boots and pants would be dry for the voyage. Granny and the other wives had a hard life, but fishing kept the family alive.

Granny added Murray to her name when she married my grandfather, Joseph Murray, a fisherman from a nearby town. She bore him three girls, my mother, Margaret, Josephine and Jessie Ann. Finally, there was a boy, Ernest Mair Murray. I did not get to know my grandfather; he died of mouth cancer when I was little. According to my mother, the cause of the cancer, was pipe smoking. Like many fishermen, granddad was a heavy smoker.

Ernest Murray was killed on November 19, 1942, when the merchant ship he was serving on, was torpedoed by a German motor torpedo boat (E-Boat). It happened when his ship, the "Yew Forest," was 11 miles off Eddystone Lighthouse, a famous landmark in the English Channel. He was 30 years old.

Ernest is remembered at Tower Hill Memorial in London, England. His death was a terrible shock to Granny. She never really got over it.

For most of my childhood, the world was at war. Granny lived upstairs in her own private little flat with access by outside and inside stairs. The arrangement worked well, until she began losing her memory. In the language of the Scots, she was becoming "dotted." Dotted, though not a term to be found in a medical journal, probably means Alzheimer's.

Her mind deteriorated progressively, beginning with a loss of short-term memory. She did not recognize her immediate family, even my mother, her principle caregiver she referred to as "that woman." She became stubborn; bedtime became a wrestling match. Her memory retreated to her early days, traveling around the islands as a Fisher Lassie. She clearly remembered places visited, even small details. Often, she would get dressed to go visit her mother at the far end of the village. Her mother had been dead fifty years.

Although dotted, she was highly active. My mother was run ragged, trying to keep her in the house. The front gate was padlocked and the outside door to her flat was locked. However, what she lost in memory, she gained in cunning and became quite adept at picking locks, using a table

knife. She would take up station, looking over the gate to announce to the odd passerby that she was being held prisoner and requesting that the police be informed of her situation. She was a handful.

Granny died at home in 1954, her eightieth year. At the time of her death, I was home on leave from the Merchant Navy. She was unconscious. I spent a number of nights watching over her, listening to her shallow breathing. She passed away gently and quietly. The doctor's verdict: she died of old age, like an old clock, her systems just stopped.

"The Room" was made ready for Granny in her coffin. For three days and nights, she lay in state, receiving respects from many relatives, friends and neighbors. She was well dressed and wore a faint smile on her face. Again, gallons of tea were consumed.

There was a big turnout for her funeral; she would have been proud. The weather was fine. A line of men walking behind the hearse, stretched back for a quarter of a mile. Those unable to walk, followed in taxis. Most were dressed in dark suits with white shirts and black ties. I was one of her pallbearers at the cemetery where the Minister conducted a short service. Granny's final resting place was next to her husband Joseph Murray, who was waiting for her in the family plot. A triumphant Scottish wake followed.

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Dinner Theatre

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BY LYNNE LIST

EVENT

Your Ticket Is Ready

A Broadway show will be right here in Wynmoor, with a professional cast and a lunch or supper, all for just \$20 per person, including tax and gratuity. That's what the Supper Club is offering on Sunday, February 25, 2018, when it presents two performances of the wonderful intense drama, "*Kindertransport*."

Do not be fooled, this is NOT "*Kindertrain*." This story takes place in 1970, when a grown woman was on the Kindertrain and set on her way to England to start a new life. She created a new name for herself. Later, she is forced to confront who she really is, when her daughter finds papers in the attic and wants to know her true identity.

If you are a lover of good drama, this is the show for you. The Curtain Call Playhouse will be presenting the show in many other venues in Broward and Palm Beach Counties. Perhaps, you saw the advertisements in the paper, when the show debuted in Miami in October.

The matinee is called for 1:00 PM, with a light lunch of roast beef and turkey croissant sandwiches, served family style, along with potato salad and beverages. The evening performance is called for 6:00 PM, with a light supper of Baked Ziti, salad, roll and beverages, also served family style, prior to the show.

If you have not already purchased your tickets during the advanced sale, it's not too late. Tickets will be on sale in the Country Club Library, every Monday and Wednesday afternoon from 2:00 PM to 4:00 PM, beginning on January 8th. Tables are assigned on a first come, first served basis. Checks should be made out to "The Supper Club."

Don't be left out. Last year, we sold out and had to turn people away. As of this writing, there are still some seats left so get in early. For more information, please contact Lynne at 954-973-1223. See you in the library.

Here's Your Ticket

Your ticket is waiting for you in the Country Club Library, every Monday and Wednesday afternoon, from 2:00 PM to 4:00 PM, starting January 8, 2018. This is a ticket for a very special evening. Only once a year, does the Supper Club offer a full-length Broadway show in Wynmoor, performed by a professional cast and an embellished catered dinner. Your dinner will consist of a glass of wine (BYOB if you want more), a salad, a choice of salmon in dill sauce or chicken marsala, rice pilaf, baby carrots, éclairs for dessert and beverages. All this for only \$32 a person. Tax and gratuity are included.

The best news is that the show is, "*The Fantastics*," which was the longest running off-Broadway musical of its time. It ran for 42 years.

There are three evening performances, so select the best date for you. Tuesday, February 27th, Wednesday, February 28th, or Friday, March 2nd. Make checks out to "The Supper Club."

In case you're not familiar with the show, two fathers plot to make their children fall in love. They plan a kidnapping, so the groom can rescue the girl. Naturally, they discover the fathers' interference and....

Come see the show to find out how they react and what they do. It is a fun show. The song, "Try to Remember" is a big hit of the show.

Another plus is that you don't have to leave the grounds to enjoy this wonderful evening of Dinner Theatre. The West Wing is transformed and sets the mood for a delightful evening of entertainment.

This show will be a sellout so be certain to get your tickets as soon as possible. Tables are assigned on a first come, first served basis. Each table holds up to 9 people. Tickets are sold to 1, 2 or more. You do not have to take an entire table. Comments in the past have indicated that those who come by themselves or just as two have met great people at their table and had a wonderful time.

For information, please call Lynne at: 954-973-1223. See you at the show!

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Co-Trustee For Your Revocable Living Trust

By Martin Zevin, Attorney

A Revocable Living Trust is an excellent legal means to avoid probate on your home and other property. It allows your heirs to inherit your property quickly, without court intervention. It also saves your heirs thousands of dollars in attorney's fees and court costs.

The Revocable Living Trust can be useful, not only when you die, but also if you become incapacitated. People mistakenly assume that a Durable Power of Attorney will cover all assets that are in the Trust. This is not true. Most Revocable Living Trust documents include specific paragraphs regarding disability. Typically, this language requires that two doctors, state in writing, that the Trustee is unable to carry on his legal affairs. In these situations, the Successor Trustee (typically a son or daughter) will need to get written statements from two doctors and then go through legal and administrative red tape, before being able to take over an asset of the Trust for the benefit of the disabled Trustee.

Therefore, if you are the sole Trustee of your Trust, you should seriously consider an Amendment to your Trust, adding a trusted family member or close friend as your Co-Trustee, rather than your Successor Trustee. This will allow that person to take over any asset, which is in the name of your Trust, without the need for written statements from two doctors or Court intervention.

If you and your spouse are Co-Trustees, but your spouse is beginning to have short term memory loss or other signs of dementia, it is wise to replace your spouse as Co-Trustee with that trusted family member or friend.



If you have accounts in the name of your Trust with a bank or brokerage, you will need to provide the Amendment to that institution. Proper documentation will be required (signature card, copy of driver's license, etc.) to allow your new Co-Trustee to access funds in that account.

A Durable Power of Attorney is still important as a supplement to your Trust to cover all finances that are outside of the Trust, such as an IRA, life insurance policies and all other accounts not titled in the Trust. The Durable Power of Attorney also covers legal matters, like signing contracts, leases and other documents on your behalf which may have nothing to do with the Trust. For example, if you become incapacitated and need to go into an assisted living facility, the person you designate under your Durable Power of Attorney would be able to sign a lease for you.

Therefore, for full protection, it is important to have a Durable Power of Attorney and a Revocable Living Trust with a Co-Trustee. A Designation of Health Care Surrogate and Living Will are also important for someone to make medical decisions if you are unable to communicate your choice.

Please feel free to call me for a free personal or phone consultation, regarding any issue pertaining to Wills, Trusts, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for a free consultation regarding any issue pertaining to personal injury claims or car insurance coverage. Call me: 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442 (just East of Powerline Road). My web site is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com



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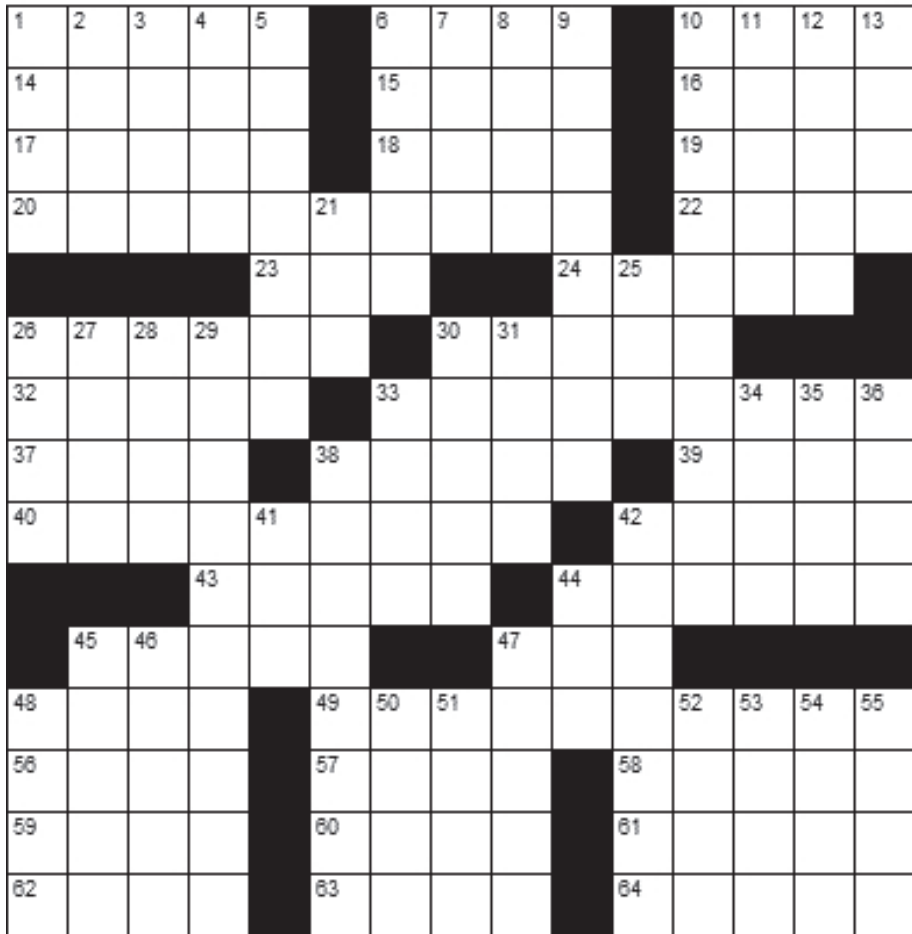
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Puzzles and Games

Solutions on page 62

Crossword Puzzle



ACROSS

- 1. Burn with hot water
- 6. Formally surrender
- 10. Finest
- 14. Female demon
- 15. 64 in Roman numerals
- 16. Website addresses
- 17. Iniquities
- 18. Overhang
- 19. Journey
- 20. Meteorologist
- 22. Foot digits
- 23. Antlered animal
- 24. Dweeb
- 26. A type of curved shape
- 30. Willow
- 32. Shelter
- 33. Angelfish
- 37. Curved molding
- 38. Ganders
- 39. Bright thought
- 40. Pimps
- 42. A small island
- 43. Andean animal
- 44. Not these or those
- 45. Originates in

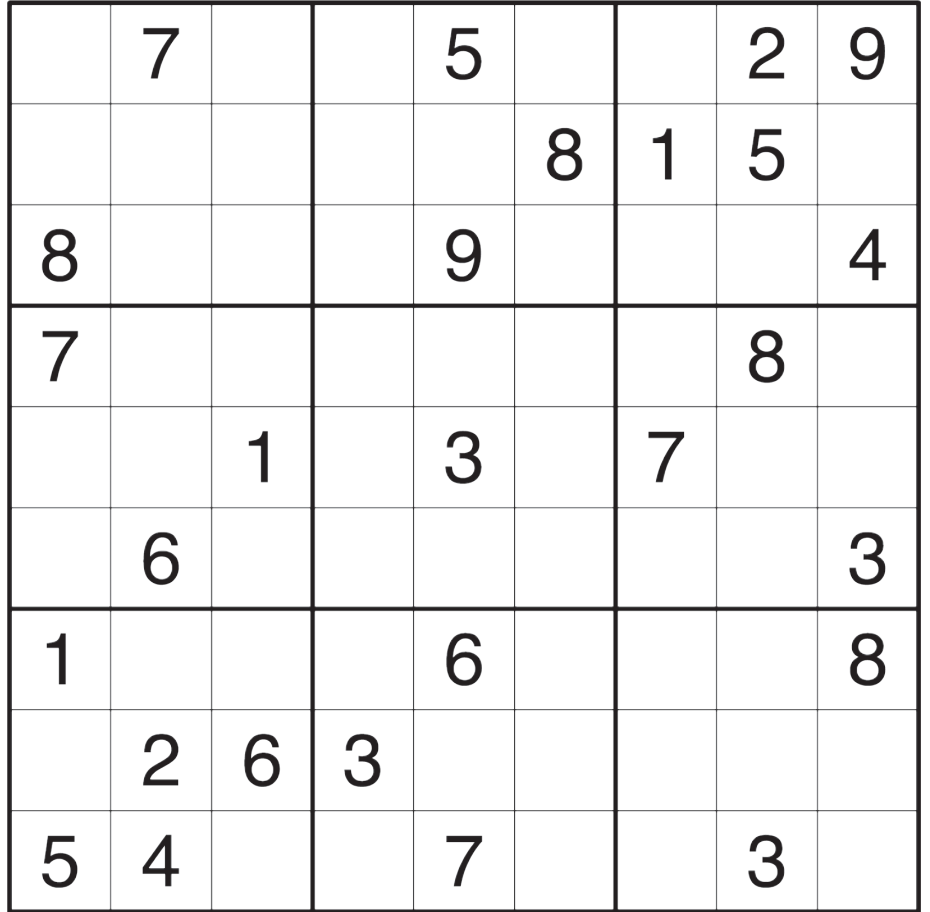
- 47. Mineral rock
- 48. Cook
- 49. A type of lender
- 56. Hindu princess
- 57. Angers
- 58. Axial
- 59. Contributes
- 60. 1 less than 10
- 61. Anxious
- 62. Netting
- 63. A certain trade agreement
- 64. Ceased

DOWN

- 1. Killed
- 2. Grotto
- 3. Dogfish
- 4. A jaunty rhythm
- 5. Cocoyam
- 6. Office worker
- 7. Test
- 8. Opera star
- 9. Latter part of the day
- 10. Rock gunnel
- 11. Mistake
- 12. Slumber
- 13. Sounds of

- disapproval
- 21. L
- 25. Tiny
- 26. Hack
- 27. Indian music
- 28. Not odd
- 29. Gar
- 30. A drama set to music
- 31. Back talk
- 33. Appear
- 34. Doing nothing
- 35. Clairvoyant
- 36. Derbies or berets
- 38. Taking hold
- 41. Shade tree
- 42. Go over again
- 44. Sphere
- 45. Tint
- 46. Looks after
- 47. Beginning
- 48. Study hard
- 50. Operatic solo
- 51. Left
- 52. Beasts of burden
- 53. Warm-hearted
- 54. If not
- 55. Marsh plant

Sudoku



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Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Happy New Year

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.

S E I B A B N E W Y E A R S E V E Y
 G C H A M P A G N E T Y I M N S T T
 E N S S U E T H C D A N C E D R H R
 S Q I N F E T O O D M U A Y O E I A
 E F C G F I N A S L S U E R F K R P
 D H E F N F R R R R I A S E D A T S
 A I U S E I A S E B R D N I E M Y K
 R B B T T E S M T I E S A F C E F R
 A M T A Y I A N N O R L A Y E S I O
 P I S W L E V R O E F T E E M I R W
 N D E A R L E I N I H J V C B O S E
 D N E T R V O N T E T E A S E N T R
 A I S W I A A O R I N A S N R O H I
 Y G Y E O B I T N T E I R R U K C F
 O H W I N E I T S S K S I O H A T S
 N T Y L I M A F N O I S A C C O R T
 E T S A E F S N O I T U L O S E R Y
 S R E Z I T E P P A Y F R I E N D S

- | | | |
|-----------------|------------------|----------------|
| APPETIZERS | FAMILY | NEW YEARS EVE |
| BABIES | FATHER TIME | NOISEMAKERS |
| BALLOONS | FEAST | OCCASION |
| BANNERS | FESTIVITIES | PARADES |
| BUFFET | FIREWORKS | PARTY |
| CELEBRATE | FIRST OF JANUARY | PUNCH |
| CHAMPAGNE | FRIENDS | RESOLUTIONS |
| CONFETTI | HATS | SINGING |
| DANCE | HOLIDAY | STREAMERS |
| DAY ONE | HORNS | THIRTY FIRST |
| DECORATIONS | KISS | TIARAS |
| END OF DECEMBER | MIDNIGHT | WINE |
| EVENTS | MUSIC | YEAR IN REVIEW |
| | NEW YEARS DAY | |

a WORD or Two

Word: stultify
Definition: to cause to appear or be stupid, foolish, or absurdly illogical
Example: What started out as a promising plan to redesign the town square ended up being stultified by bureaucracy and too many conflicting special interests.

Word: fructify
Definition: to bear fruit
Example: My parents are in a comfortable financial position, thanks to some investments that have recently begun to fructify.



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Enjoying Early Old Master Paintings in Edinburgh

By Barry Isaac

In late November, I was fortunate enough to be in Edinburgh, a lovely Scottish city with awesome architecture. Since I enjoy art, I spent

these painters from Flanders and Germany; Hugo Van Goes (Trinity Panels), Bernard Van Orley (Before The Crucifixion), Joos Van Cleve (Triptych), Gerard David (3 Legends of Saint Nicholas) Lucas Cranach (Allegory of Melancholy), Hans Holbein the Younger (Allegory of Old and New Testaments), and Gerlach Flicke (Portrait of Man).

2 wonderful days in the National Gallery of Scotland, a relatively large art museum. This review is restricted to its fine collection of early “Old Master” paintings prior to the 17th Century.

The atmosphere of this art museum is excellent and the lighting in this art museum is superb with fine explanations for the works of Art. It was a privilege being back in Edinburgh after 24 years.

I appreciated the National Gallery of Scotland’s fine Italian paintings, employing tempera and gold leaf on wood panel, by Grifo di Tancredi, (Triptych, Death of Saint Ephraim), painting has Byzantine qualities, 13th Century, Luca di Tomme (Scenes From The Life of Saint Thomas), 14th Century, Bernardo Daddi (Triptych), employed a plethora of gold leaf, 14th Century, Vitale Da Bologna (Adoration of Magi), 14th Century, and Lorenzo Monaco (Virgin and Christ Child), early 15th Century.

I also relished fine Italian Renaissance paintings by Leonardo Da Vinci (Madonna and Yardwinder), Raphael (Holy Family With Palm Tree), Bernardino Butinone (Christ Disputing Doctors), Sandro Botticelli (Virgin Adoring Sleeping Child), Francesco Bonsignori (Virgin and Christ Child), employed distemper on wood panel), Francesco Marmitta (Flagellation of Christ With Saints Jerome and Benedict), Titian (Venus Rising From The Sea), Paris Bordone (David and Bathsheba), Judaic theme, Andrea Del Sarto (Portrait of A Man), splendid light effects, and Paolo Veronese, among others.

Fine paintings from the Renaissance Period, included delightful works by



Lorenzo Monaco
“Virgin and Christ Child”



Bernardo Daddi
“Triptych”

National Gallery of Scotland

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YOUR COUNTY COMMISSIONER

By Mark Bogen, Broward County Commissioner

Happy Holidays

TURNPIKE BATTLE – UPDATE

As many of you know, the State of Florida Turnpike Authority wanted to expand the turnpike five feet away from Wynmoor’s property line. After learning about this plan, I submitted a resolution to the Broward County Commission opposing this plan. My fellow county commissioners agreed with me and voted to oppose the turnpike expansion. After this vote, the City of Coconut Creek voted to oppose the expansion of the turnpike. In addition, the Broward County Metropolitan Planning Organization, decided to oppose the expansion in its five-year plan. Based on these actions, the Turnpike Authority has decided to conduct a multi-year study and put its expansion plans on hold.

ARE YOU AWARE OF THE TOPS PROGRAM?

Broward County offers the “Tops” program to qualified individuals. This program will provide Broward County residents with transportation to a doctor’s office or other locations. If you are currently taking the Tops busses and enrolled in the program and are experiencing problems with making an appointment, late bus pick-ups or any other issue, please call my commission office at 954-357-7002.

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Last year, our county commission voted to give seniors an additional savings on their real estate taxes. If your combined household income is less than \$28,800 (you do not have to include your social security income), then you may be eligible for these savings. If you have any questions, you can call the Broward County Property Appraiser, Marty Kiar at 954-357-6904.

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LIVING IN BALANCE



By Debbie Cohen, LCSW

Finding Joy In Ordinary Moments

Although we often plan trips out of town to hopefully boost energy, many speakers and writers remind us that joy is found each day in the simplest ways.

I was looking at the book titled, "Joy on Demand," written by a Google engineer named, Chade-Meng Tan. He described his childhood as a time when he wasn't happy, but he learned through various practices certain ways to change his mental habits. While working at Google, he was nicknamed, "The Jolly Good Fellow," due to his smile and contagious attitude. He said, "Every day we are engaged in a miracle which we don't even recognize: a blue sky, white clouds, green leaves, the black, curious eyes of a child - our own two eyes." It is so easy to not notice each day's little gifts.

One thing that a lot of people can identify with, is that trying to meditate often can be frustrating because the mind seems to still chatter without

ceasing. This can be discouraging and make one feel that they failed at it. Chade-Meng Tan says, "it is a misconception that the mind should be free from thoughts as the final goal."

He recommends that we notice the moments of joy we experience in daily life, such as eating a delicious meal, reunion with an old friend and an enjoyable temperature change. As we become conscious of these moments more and start to recognize the ones we neglect, we create a new habit.

Meng says, "thin slices of joy occur in life everywhere. Once you start noticing it, something happens; you find it's always there. Joy becomes something you can count on."

I know that I can be circling in some thoughts and not see the flowers around me or appreciate my health and the fresh air. It's then that I miss the gifts that surround me. Training the mind, according to Meng, doesn't have to mean hours of meditation, but attention to the taste of the sip of coffee and the moments we neglect.

We train the mind by whatever thoughts we allow to dominate us each day. How many times are we placed on hold for twenty minutes with a health insurance company only to replay that scenario over in our minds a few times in anger? It often leads to repeating the story to a few people and adding more fuel to the fire.

Although we can't control our circumstances as much as we'd like, we can train our minds to respond differently. Looking at the "thin slices of joy," helps to open the mind, but also can help us to see how often we fall into circles of resentment and anger, which rob us of our time and energy.

By not being a puppet to the negative reactions, we have more ability to make better choices. We might decide to move if our neighbors are too noisy or to disengage from a friend if the relationship is toxic. Training the mind helps us to change the old patterns.

Debbie Cohen is a licensed social worker in Coconut Creek. Write her with any questions you have, as well as topics for future issues at: quietmind2000@yahoo.com

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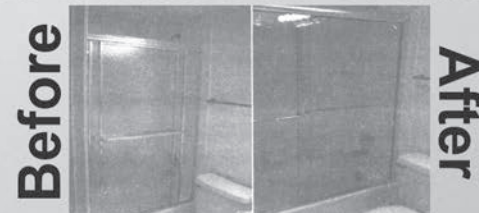
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Time For New Year's Financial Resolutions

We've reached the end of another year, which means it's just about time for some New Year's resolutions. Would you like to study a new language, take up a musical instrument or visit the gym more often? All these are worthy goals, of course, but why not also add some *financial* resolutions?

Here are some ideas to think about:

- **Increase contributions to your employer-sponsored retirement plan.** For 2018, you can contribute up to \$18,500 (or \$24,500 if you're 50 or older) to your 401(k) or similar plan, such as a 403(b), for employees of public schools and some nonprofit groups, or a 457(b) plan, for employees of local governments. It's usually a good idea to contribute as much as you can afford to your employer's plan, as your contributions may lower your taxable income, while your earnings can grow tax-deferred. At a minimum, put in enough to earn your employer's matching contribution, if one is offered.

- **Try to "max out" on your IRA.** Even if you have a 401(k) or similar plan, you can probably still invest in an IRA. For 2018, you can contribute up to \$5,500 to a traditional or Roth IRA, or \$6,500 if you're 50 or older. (Income restrictions apply to Roth IRAs). Contributions to a traditional IRA may be tax-deductible, depending on your income, and your earnings can grow tax-deferred. Roth IRA contributions are not deductible, but earnings can grow tax-free, provided you don't start taking withdrawals until you are 59½ and you've have had your account at least five years. You can put virtually any investment in an IRA, so it can expand your options beyond those offered in your 401(k) or similar plan.

- **Build an emergency fund.** Try to build an emergency fund, containing three to six months' worth of living expenses, with the money held in a low-risk, liquid account. This fund can help you avoid dipping into your long-term investments to pay for unexpected costs, such as a new furnace or a major car repair.

- **Control your debts.** It's never easy, but do what you can to keep your debts under control. The less you have to spend on debt payments, the more you can invest for your future.

- **Don't overreact to changes in the financial markets.** We've had a long run of rising stock prices but it won't last forever. If we experience a sharp market downturn in 2018, don't overreact by taking a "time out" from investing. Market drops are a normal feature of the investment landscape, and you may ultimately gain an advantage by buying new shares when their prices are down.

- **Review your goals and risk tolerance.** At least once in 2018, take some time to review your short and long-term financial goals and try to determine, possibly with the help of a financial professional, if your investment portfolio is still appropriate for these goals. At the same time, you'll want to re-evaluate your risk tolerance to ensure you're not taking too much risk, or possibly too little risk, with your investments.

Do your best to stick with these resolutions throughout the coming year. At a minimum, they can help you improve your investment habits. They may even improve your financial picture far beyond 2018.

How Can You Help!

By Roz Greenberg

The Magnet Program at Coconut Creek High School is looking for volunteers to help teachers and students achieve life skills, business skills and/or continuing education, which will prepare them for their future after graduating in the Medical Field. Call Roz 754-205-3283 or Myrna 954-978-6451 for more information.



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THEATER Front Row Center...

By Selma Glass



Welcome back Snowbirds! To those who are new to Wynmoor, I am a devotee of the theater and my monthly article, "Front Row Center." I will keep you informed of productions at some of the local theaters near Wynmoor. The Stage Door Theater on Sample Road in Coral Springs is the closest. With two theaters, Stage Door performs all year round. Playing now until January 14th, is "Smokey Joe's Café," a musical revue with 39 hit songs by "Leiber & Stoller." Songs are showcased in the repertoire of Elvis, Tom Jones, Peggy Lee, Bobby Darin and others. They include, "Hound Dog, Love Potion #9, Stand By Me," and many others.

In the larger theater, the very popular "Flashdance," the Musical, will be playing until February 11th. This is a stage adaptation of the 1983 hit musical film. The show revolves around 18-year-old Alex, a welder by day and a flash dancer at night. She dreams of becoming a professional dancer. The show includes the hits, "Maniac, Gloria, Flashdance, I Love Rock & Roll, What a Feeling" and more.

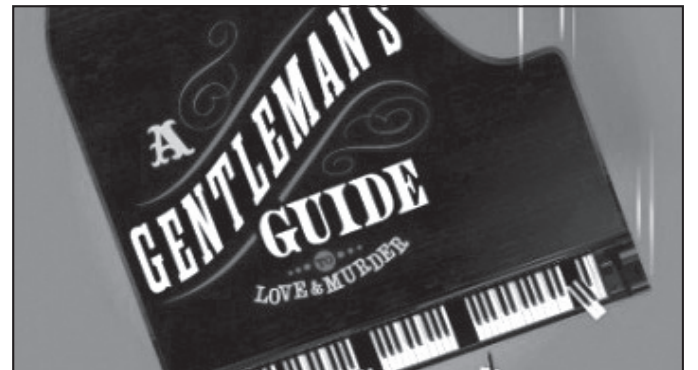
From February 2nd - March 11th, Stage Door presents, "Imagine," a Beatles retrospective. A 3-piece band and a cast of incredible singers and dancers take you on a journey through the works of the songs you remember from the band that changed the face of music. Call Stage Door

at 954-344-7765 for tickets.

Broward Center for the Arts, Broadway Series, in Fort Lauderdale, is just like going to Broadway, at more affordable prices. Coming from January 9th - 21st, will be, "A Gentleman's Guide to Love & Murder," which won, "best musical Tony Award."

Fans of British film will recognize the plot from the delightful classic British comedy, "Kind Hearts and Coronets," starring Alec Guinness. Set in London in 1907, the plot centers on Monty Navarro, a penniless clerk, who is informed after the death of his mother, that he is eighth in line to inherit a dukedom. He decides to eliminate the other 7 heirs who stand in his way. This show is a one-man musical with wit, as only the Brits have! Call Broward Center at 954-462-0222 for tickets.

The Amaturio Theater is the smaller theater at Broward and the Au Renee is the larger Broadway-like theater. The Slow Burn Theatre presents more off-beat plays that are beautifully acted and produced. Coming from January 18th - February 9th, will be the musical "The Bridges of Madison County." This show first was a hit movie, starring Meryl Streep and Clint Eastwood, then became a Broadway musical play in 2014. It was nominated for 4 Tony Awards. This is a beautiful but bittersweet love story between two strangers, one a married woman, and one visitor to Madison County. The Amaturio Theater is just intimate enough to engage the audience, and the ticket prices are much less than the Au Renee. Call 954-462-0222 for tickets. See you next month... enjoy the theater!



*If you find mistakes in this publication,
PLEASE consider that they are there for a purpose.
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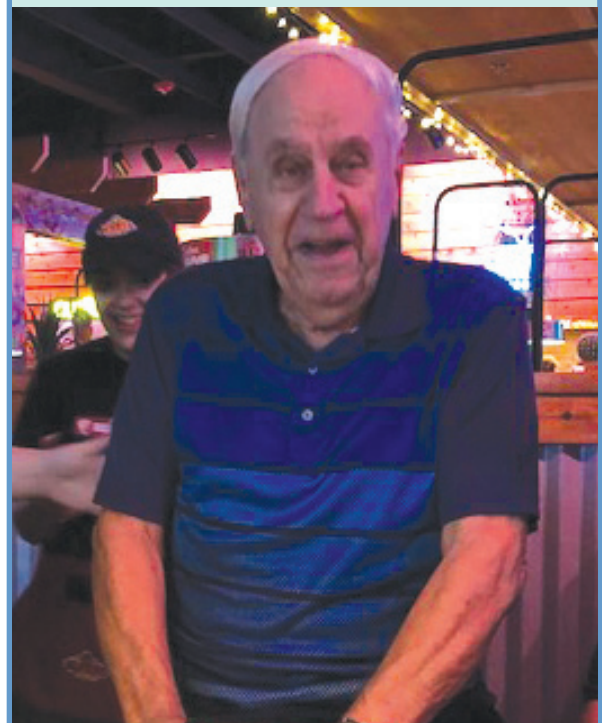
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Maurice Foisy turned 90 on December 20th and was treated to dinner at Texas Roadhouse where he entertained the staff by climbing onto their birthday saddle while we all sang happy birthday to this wonderful neighbor and friend. Yee Haw Maurice!! Let's do it again next year.

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Sunday, January 7th at 1pm

Annual President's Concert featuring Kaskeset

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Fee: Temple Beth Am Member: Free Non-member: \$18

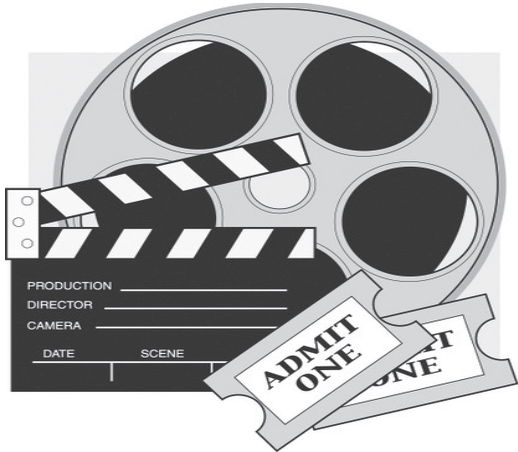


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**Saturday, February 10th
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Doors open at 7:30pm**

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Monday	Jan.	8	8 PM
Tuesday	Jan.	9	8 PM
Wed.	Jan.	10	2 PM*



JUSTICE LEAGUE
2 Hrs.

Sunday	Jan.	21	2 & 8* PM
Monday	Jan.	22	8 PM
Tuesday	Jan.	23	8 PM
Wed.	Jan.	24	2 PM*



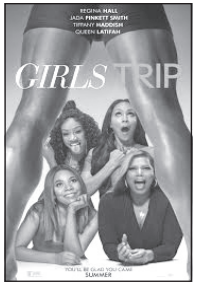
BLADE RUNNER 2049
2 Hrs. 44 Mins.

Sunday	Jan.	14	2 & 8* PM
Monday	Jan.	15	8 PM
Tuesday	Jan.	16	8 PM
Wed.	Jan.	17	2 PM*



GIRLS TRIP
2 Hrs. 2 Mins.

Sunday	Jan.	28	2 & 8* PM
Monday	Jan.	29	8 PM
Tuesday	Jan.	30	8 PM
Wed.	Jan.	31	2 PM*



* OPEN CAPTION



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Dear Dr. Joy...

By Joy Berke Sanchez, PhD



In reading my answer to last month's question, I realized that I didn't really give you an answer to the part of your question, regarding spending time alone.

Not really knowing how you feel, it is somewhat difficult to answer you directly, so I'll address a few different scenarios.

If a person is depressed and staying home alone for days on end, without having any personal contact, this is something that needs to be addressed professionally. Especially, if the

person is not eating well, not showering, and/or sleeping a great deal. This is obviously symptomatic of an emotional decline or trauma.

If this is the case with you or anyone you know, please do not hesitate to let your primary care physician know so a mental health professional can be brought in. Medication may be appropriate, but this would be after an evaluation is made by a clinical psychologist or psychiatrist. Only the psychiatrist, who is an M.D., can prescribe medication, but it can be at the suggestion of the psychologist.

If this is not the situation, let's look at others. There are times when, as in the original question, you just don't want to deal with the negativity or intrusiveness of others and find yourself withdrawing from contact. The question here would be: how often and for how long? If you enjoy your home and your own company and find it peaceful and relaxing, that's great. If you have things to do alone that are enjoyable to you and you get real pleasure from them, once again, no problem at all.

If you do this part of your day or a few days a week, while seeing other people at other times and find yourself having a good time with them, this is a perfect balance for you. Everyone is different. Sometimes, it's problematic when you are alone all the time and on the other hand, some people cannot be alone at all, which is just as problematic.

A frantic obsession with needing to eat every meal with someone, go shopping or having to be busy constantly with others, says quite a lot about a fear of being alone. Once again, everyone has different needs and enjoyments.

You mentioned that your children think you are alone too much. Have you asked them why they think this? Perhaps, they think you aren't feeling well and that's why you are not as busy. Remember, they have known you all their lives and they may be seeing changes in you that concern them. Have you told them you are tired of people's negativity or problems and want to avoid listening to them or speaking to them? They would probably understand that, as they most likely have people like that in their own lives. I know I was so busy when I was younger, between work, family, home, travel, entertainment, etc. It was easier to avoid unpleasant people.

I see that my own daughters seem to feel better when they think I am busy and engaged. Even if I spend a lot of time alone (which I do), they know I am writing an article or another book, reading or watching something I really enjoy on TV. I still see people at some point most days, play Mah Jongg, etc.

Let your children know you are enjoying your time alone and on the lookout for more positive, interesting people to spend your time with. Only you know if there is more to your being alone than what you have said. Maybe you do feel fatigued or lethargic and just can't seem to get yourself going. Maybe when people discuss their problems with you, you are too empathic and take it on yourself. This is draining.

There is a difference between being compassionate and being empathic. Compassion is feeling for another person, while empathy is taking it on yourself and feeling their pain (or pleasure, but that's pretty good). You don't want to take on someone else's pain. If the only way you can avoid doing this is to withdraw, then that is a great solution. Being a compassionate, caring person is different, if you remember you don't have to fix anything for them and that your being there is enough. However, if you find yourself taking on their burden, then that is your cue to leave, be alone and re-group.

I think what made me a good therapist during my working years, was my ability to not collapse into my client's pain. Only by keeping my boundaries and perspective, was I able to be of assistance to them.

There is quite a bit of information here, so take what you find helpful and leave the rest. If you have a follow-up question, I would be happy to address it.

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*QAC will service and repair major appliances 100% for the first five years of age. After five years QAC will service until estimated repair cost exceeds 50% of cost of new appliance. An appliance may be repaired once against recommendation, but will then be removed from service plan.

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100% COVERAGE; NO EXCLUSIONS

No charge for ANYTHING on your A/C system.
 24/7 service.

Regular maintenance reminders.
 Includes two maintenances per year.
 One new, clean filter for EVERY month and a fog treatment on ductwork every 24 months.
 Six filters provided with each maintenance.
 20% discounts on new systems and upgrades.
 Includes a new condensate pump.
 Never again worry about a large bill or sitting through a long, hot holiday weekend.

Systems not installed by QAC must pass QAC inspection to be on the plan.

First 3 years after installation \$29.99/mo.
 4th year after installation \$39.99/mo.
 5th year after installation \$49.99/mo.

\$49.99/mo.

QUALITY HAS YOU COVERED

*If the estimated repair of a system exceeds 50% of the cost of replacement, and technician suggests the replacement, customer may opt for early fulfillment on replacement plan with QAC.

*Appliance Coverage is provided with the Ultimate Plan at no additional cost. Appliance service will be done during regular business hours.

*All maintenances will be performed during regular business hours.

CARRIER¹ REPLACEMENT PLAN

All systems come Fully Loaded².
 36 month enrollment for replacement.
 Ultimate Plan at no charge for 1 year and \$29.99/mo for the next 3 years.³

STANDARD HIGH EFFICIENCY

High efficiency A/C system replacement.
 Split Systems **\$49.99/mo.**
 Package⁴ Units at \$99.99/mo.

SUPER HIGH EFFICIENCY SYSTEM

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ULTRA HIGH EFFICIENCY SYSTEM

Ultra high efficiency communicating A/C system replacement with variable speed motors and dual stage compressors.
 Split Systems from **\$99.99/mo.**

Super high efficiency package units vary by tonnage. \$129.99 up to 3.5 ton, \$139.99 for 4.0 ton, and \$149.99 for 5.0 ton.

Ultra high efficiency split systems vary by tonnage. \$99.99 up to 3.5 ton, \$119.99 for 4.0 ton, and \$129.99 for 5.0 ton.

To keep prices the lowest on the market, QAC purchases replacement systems, with extended warranty on parts and labor for 10 years, in full on sign-up. As such, no refunds will be given for replacement plans for any reason.

Customer will pay for the following:

- Permit (\$175.00)
- Higher End UV Light or Plasma Light
- Crane if needed (\$375.00)
- Extra Fog Treatment (\$349.00)
- Monthly Processing Fee of \$4.99 on replacements

Install will be within 120 days of fulfillment

- Duct Work if required (Plenum/Return)
- New PVC and/or Copper
- New Thermostat and run new wires (\$650.00) Needed for Super and Ultra High Efficiency Systems
- Auxiliary Drain Pan for attics (\$129.00)

1. The Replacement Plan is designed around Carrier brand systems, and Rheem will only be used in place of Carrier is when the Air Handler needs to be 36" (thirty-six inches) or smaller.
2. "Fully Loaded" systems come installed with a programmable thermostat, UV light, condensate pump, surge protector, fog treatment on ducts, and a time delay.
3. Ultimate Plan full coverage offered at no charge the first year, at \$29.99 per month for the second through fourth year after air conditioning system replacement, and then will resume at \$49.99 per month at the start of the fifth year. If the Customer chooses not to be covered by Quality Air Conditioning Company, Customer must pay for extended warranty on parts and labor that was purchased by Quality Air Conditioning Company, and the warranty will be transferred to the Customer. \$849.00 is due within 30 days after install or Customer must stay on the Ultimate Plan for 10 (ten) years after installation to receive the full benefits of the purchased system.
4. Air cooled package systems will be American Standard or Rheem, depending on the application designated by the previous unit.

CUSTOMER MUST PERFORM TWO ACTIONS TO MAINTAIN PLANS IN FULL EFFECT:

- CHANGE THE FILTER EVERY 30 DAYS
- PAY MONTHLY DUES

IF LATE MORE THAN 30 DAYS, QAC WILL FREEZE THE PLAN FOR ANOTHER 60 DAYS. AFTER 90 DAYS, THE PLAN WILL BE TERMINATED AND THE CUSTOMER WILL NO LONGER BE COVERED BY QAC, NOR WILL THE CUSTOMER QUALIFY FOR QAC COVERAGE IN THE FUTURE SHOULD PAYMENTS BE STOPPED FOLLOWING A MAJOR REPAIR. QAC RESERVES THE RIGHTS TO REFUSE SERVICE TO ANYONE, AND TO TERMINATE AN AGREEMENT FOR ANY CUSTOMER THAT DOES NOT COMPLY WITH THE AFOREMENTIONED CONDITIONS.





Does my Homestead Exemption Automatically Renew?

After your initial application for Homestead Exemption has been made and the exemption approved by our office, it automatically renews each year unless there is a change of ownership or eligible use of the property.

Each January, our office mails a "Homestead Renewal Notice" and "Change-Card" to all Homesteaded properties. This card allows property owners to verify the status, use, and ownership that the property has not changed. Florida law requires the property owner to notify the Property Appraiser of any change of property use or ownership status.

If anyone named on the Homestead Exemption has passed away, you should notify our office to avoid potential penalties. The Homestead Exemption of a deceased person must be removed in the year immediately following the individual's passing. The surviving spouse of a Homesteaded owner is entitled to keep this valuable exemption and lower the "Save Our Homes" value. However, they will need to apply for Homestead if they have not already done so.

Homestead Exemptions do not transfer to other family members and can-

not remain with the property after the Homesteaded owner passes away. If you are a co-owner and sole beneficiary to the property in the will, you may apply for Homestead Exemption while the will is probated, as long as the property is your permanent residence.

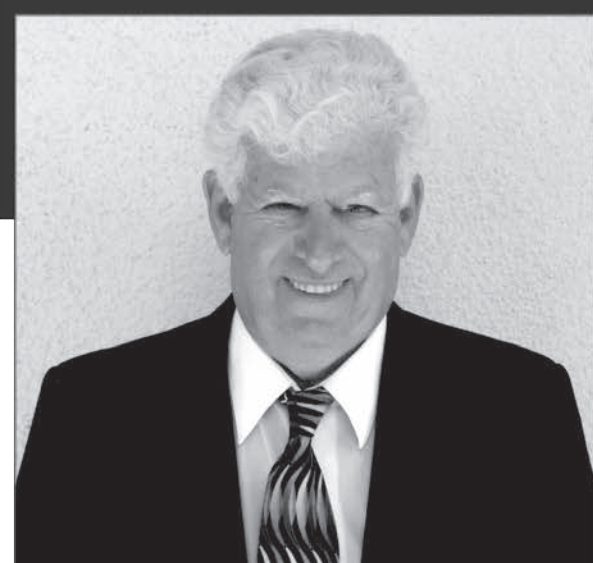
If there are NO changes to the use and/or ownership of the property, simply keep the card as your receipt, verifying you were automatically renewed for another year. However, if there are changes, please mark the Change Card accordingly and return it to our office.

If you are a surviving spouse or otherwise believe you are entitled to an exemption, you must file your own Homestead Exemption application to receive the benefit. If you have any questions relating to the death of the owner, the Change Card or need assistance in filing for Homestead or other tax-saving exemptions, please visit our website at www.bcpa.net or contact our Customer Service Department at: 954-357-6830.

If my office can ever be of assistance to you, please do not hesitate to contact me at 954-357-6904 or by email at: martykiar@bcpa.net

RESIDENTS - OWNERS - IMPORTANT NOTICE:

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RENTALS

NASSAU:2/2 Very nice unit	\$2,000
ANTIGUA:2/2 Nice, cozy and ready to move in	\$1,200
ABACO:2/2 Fantastic completely updated, pool and garden view, W/D in unit	\$1,500
PORTOFINO:2/2 Super clean and updated, fantastic view of lake and golf, completely furnished	\$1,400
ANTIGUA:2/2 Rarely available corner, 1 st floor, screened in patio, turnkey, fully furnished	\$2,000

REDUCED SALES

ABACO:2/2 Spectacular top of the line Juniper model, remodeled, brand new white kitchen, crown molding, freshly painted	\$ 169,900
ANTIGUA:2/2 Updated, ceramic floors, newer appliances, nicely painted	\$ 90,000
PORTOFINO:2/2 Stunning remodeled corner, ceramic floors, kitchen is completely open, SS Appliances	\$ 175,000
GRANADA:Just reduced, bright and lovely corner, W/D in unit	\$ 139,999
VICTORIA:2/2 This is a must see	\$ 114,444
ELEUTHERA:1/1 Lovely unit with lake and pool view, NEW A/C, laminate floors, W/D in unit	\$ 67,500
BERMUDA:1/1 Desirable unit, panoramic lake and fountain view, brand new kitchen appliances, open kitchen, ceramic floors	\$ 73,000

FOR SALE

LUCAYA:2/2 Great move in condition, brand new laminate floors, freshly painted, screened patio, newer appliances	\$ 104,000
LUCAYA:2/2 All tiled and updated, SS Appliances, enclosed patio	\$ 134,900
ANTIGUA:1/1 Desirable unit in great shape, new water heater	\$ 59,000
LUCAYA:2/2 Huge corner overlooking the pool, bright with lots of windows, large eat in kitchen	\$ 93,000
LUCAYA:2/2 Huge corner, overlooking pool, lots of closet space, large eat in kitchen	\$ 90,000
VICTORIA:2/2 Partially renovated corner, laminate floors, updated kitchen	\$ 130,000
BERMUDA:2/2 Lowest priced fountain view, carpet in living room, big enclosed balcony	\$ 122,500
GRANADA:2/2 Ground Floor with W/D in unit, completely remodeled, new open kitchen concept, laminate floors	\$ 169,000
BIMINI:2/2 Completely renovated, W/D in unit, ceramic floors, gourmet kitchen	\$ 179,900
ANTIGUA:Magnificent newly designed remodeled, gorgeous new kitchen with stainless steel appliances	\$ 167,500
ANDROS:2/2 Nice Juniper with washer and dryer, lamintae floors, carpet in one room, newer blinds	\$ 109,500
BERMUDA:2/2 Spectacular corner , lake/ fountain view, nicely painted, ceramic floors in kitchen, newer updated bathrooms,	\$ 114,900
NASSAU:2/2 A true jewel, completely remodeled corner, newer kitchen cabinets, gorgeous bamboo floors	\$ 134,000
LUCAYA:2/2 Gorgeous lake view from this unit, brand new kitchen kitchen appliances, no popcorn	\$ 125,000
LUCAYA:2/2 This is true beauty	\$ 85,000
MARTINIQUE:2/2 Turn Key, renovated and furnished, lovely lake and golf view, granite and wood kitchen, enclosed patio	\$ 99,000
LUCAYA:1/1.5 Ground floor, newer kitchen, granite counter tops, remodeled master bathroom with new tub	\$ 73,000
BAHAMA:2/2 Corner unit with peaceful garden view, extended living room and eat in kitchen.....	\$ 84,000
GRANADA:2/2 Beautiful furnished deluxe model, pool view, washer and dryer in unit, maple color kitchen cabinets, tile in kitchen, big screened patio with shutters	\$ 93,500
NASSAU:3/2 Corner furnished, updated, tile floors, granite counter tops, great water view	\$ 124,999
ARUBA: 2/2 Lovely unit with washer and dryer, beautiful views of golf course, enclosed patio	\$ 126,999
ARUBA:2/2 First floor deluxe , newer refrigerator, master bath has new shower, newer AC, washer and dryer in unit	
MARTINIQUE:2/2 Deluxe model, ceramic floors, turn key, clean and cozy	\$ 89,900
BERMUDA:1/1 Desirable unit with panoramic lake/fountain view, brand new kitchen appliances	\$ 73,000

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WHO ARE THEY?

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's, Dr. Roizen, report on health, wellness and quality of life.

Mehmet Oz, M.D., is professor and vice chairman of surgery at Columbia University, as well as medical director of the Integrated Medicine Center and director of the Heart Institute at New York Presbyterian/Columbia Medical Center. His research interests include, heart replacement surgery, minimally invasive cardiac surgery, complementary medicine and health care policy. He has authored more than 400 original publications, book chapters, abstracts and books, and has received several patents. Dr. Oz is the co-author of The New York Times No. 1 best-sellers "YOU: On a Diet" and "YOU: The Owner's Manual," as well as The New York Times best-seller, "YOU: The Smart Patient" and "YOU: Staying Young," with Dr. Roizen. Dr. Oz, is also a member of the Real Age Scientific Advisory Board and key medical adviser for the Real Age Test, the first standard of measurement for overall health and wellness.



Michael Roizen, M.D., is chief wellness officer and chair of the Wellness Institute of the Cleveland Clinic. He is the creator of the Real Age Test, as well as co-founder and chairman of the Real Age Scientific Advisory Board. Along with Dr. Mehmet Oz, Dr. Roizen authored The New York Times No. 1 best-sellers, "YOU: On a Diet" and "YOU: The Owner's Manual," as well as The New York Times best-seller "YOU: The Smart Patient." He has published more than 165 peer-reviewed scientific papers, 100 textbook chapters, 30 editorials and four medical books, in addition to editing six medical journals. He also has received 12 U.S. patents and many foreign patents. His first general audience book, "Real Age: Are You as Young as You Can Be?" became a No.1 New York Times best-seller and

has been translated into more than 20 languages. Dr. Roizen's follow-up books include, The New York Times best-seller "The Real Age Diet: Make Yourself Younger with What You Eat" and "Cooking the Real Age Way," written with Dr. John La Puma, and "The Real Age Makeover."

Dr. Oz received his undergraduate degree from Harvard University, his M.D. from the University of Pennsylvania and MBA from Wharton School of Business. In his New York practice, Dr. Oz has seen success treating patients with a combination of cutting-edge Western techniques and alternative Eastern therapies such as meditation, massage and yoga.

Dr. Roizen is a graduate of Williams College and of the University of California, San Francisco, School of Medicine. Certified by the American Board of Internal Medicine and the American Board of Anesthesiology, he has chaired the Division of Anesthesiology, Critical Care Medicine and Comprehensive Pain Management at the Cleveland Clinic, in addition to his role there as chief wellness officer and chair of the Wellness Institute. He has served as chairman of the Department of Anesthesia and Critical Care at the University of Chicago and faculty member at the University of California, San Francisco.

Dr. Oz has appeared numerous times on the "NBC Evening News, ABC Evening News, CBS Evening News, 48 Hours, Turning Point, Dateline, Good Morning America, The Today Show, CNN, The News Hour with Jim Lehrer, Discovery Health, PBS" and on more than two dozen other shows. In addition to these appearances, Dr. Oz was the health expert for "The Oprah Winfrey Show" and is the host of the "The Dr. Oz Show" on XM Satellite Radio's, "Oprah & Friends." He is also senior medical adviser to the Discovery Channel, where he has hosted several popular series. As a physician and writer, he has been featured in lead stories in The New York Times Magazine, Fortune, Life, Self, Good Housekeeping, Elle, W, Interview, New York Magazine, Men's Journal, Heart & Soul and Reader's Digest. He has also appeared in Sports Illustrated, People, Psychology Today, El Mundo and numerous other international publications.

Dr. Mike, as he is affectionately known, makes frequent appearances on "The Oprah Winfrey Show, The Today Show, 20/20, CBN, CNN, CBS, Good Morning America, Canada AM" and "PBS." He has been featured in magazines including, Fortune, Glamour, Cosmopolitan, Good Housekeeping, Ladies' Home Journal, Biography, Men's Health and Prevention. He hosts a radio show, called "YOU: The Owner's Manual Radio Show," broadcast by 26 stations in the U.S. and serves as Dr. Oz's co-star on XM Satellite Radio's, "Oprah & Friends."

Dr. Oz was elected as a "Global Leader of Tomorrow," by the World Economic Forum and was voted, "The Best and Brightest," by Esquire. He was elected a "Doctor of the Year," by Hippocrates magazine and a "Healer of the Millennium," by Healthy Living magazine. He is annually elected as "one of the best physicians in the United States," by the Castle Connolly Guide.

Using the Real Age Test, he developed to motivate his patients, Dr. Roizen has personally delivered medical care to eight Nobel Prize winners, 506 ex-smokers, more than 100 high-stress Fortune, 500 CEOs and CFOs and countless other patients. Since 1989, he has been included in the "Best Doctors in America."

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JANUARY PROGRAMS

Adult Programs:

Thursdays – Digital Downloads Open House. Learn how to access and download the library's free books, music, magazines and movies to your device. First come, first served. Noon to 1 p.m. Rm 226

Monday, January 8 – Friends of North Regional/BC Library present Modern Ethical Dilemmas Discussion Series with Dr. Sandra Lilienthal*. Stem Cell research is leading to the ability to save many lives. Yet, there are some ethical concerns that must be discussed. What are they? 2 to 3 p.m. Rm 154

Tuesday, January 9 – Music Appreciation with Walter Ladden: Antonin Dvorak. Listen and learn. 10:30 a.m. to Noon. Rm 226. Sponsored by Friends of North Regional/BC Library.

Wednesday, January 10 – Ruth E. Cohan Jewish Book Review: “The Angel: The Egyptian Spy Who Saved Israel” by Uri Bar-Joseph. Join us for a review and discussion of this gripping, true account exposing the life and mysterious death of Ashraf Marwan, the Egyptian official who spied for Israel. 2 to 3 p.m. Rm 154

Wednesday, January 10 – Representatives from the North Broward Social Security office will be available to answer your questions and provide information. 2 to 4 p.m. Lobby.

Thursday, January 11 – Friends of North Regional/BC Library present Cultural Gems 2018: Opera & Operetta. Soprano Robyn Marie Lamp*, a member of Opera Fusion, and friends will perform several opera duets to kick off this year's Cultural Gems season of storytelling through music. 1 to 2 p.m. Rm 154

Friday, January 12 – Movie & Discussion: “Moon.” Astronaut Sam Bell's three-year shift at a lunar mine is finally coming to an end, and he's looking forward to his reunion with his family. Suddenly, Sam's health takes a drastic turn for the worse. He meets what appears to be a younger version of himself, possibly a clone. With time running out, Sam must solve the mystery. (2009), Rated R. Noon to 2:30 p.m. Rm 154

Saturday, January 13 – Movie: “Labyrinth.” In commemoration of the death of David Bowie. Teenage Sarah journeys through a maze to recover her baby brother from a goblin king. (1986). Rated PG. 12 to 2 p.m. Rm 154

Tuesday, January 16 – Five Wishes: The Living Will with a Heart. Learn how to address personal, spiritual, and medical concerns in the event you become ill or disabled, and how to communicate your wishes to those who you want to make your health care decisions for you. This program is presented by TrustBridge. 2 to 3 p.m. Rm 226

Thursday, January 18 – Reading Round Table Discussion: “Exit West” by Mohsin Hamid. In a country on the brink of civil war, two young people meet—sensual, fiercely independent Nadia and gentle, restrained Saeed. They embark on a furtive love affair and are soon cloistered in a premature intimacy by the unrest roiling their city. Noon to 1:45 p.m. Rm 235

Saturday, January 20 – THE BIG READ Latin dance class featuring the Merengue and Bachata, presented by professional dance instructors from UV Latin Dance Studio. Celebrate the music and dance of the Dominican Republic! Learn about the significance of the dances in Dominican culture, followed by a demonstration of each dance, and conclude with a 60-minute dance lesson, ages 8 and up! 3 to 4:30 p.m. Rm 154

Saturday, January 20 & 27 and Friday, January 26 – Tax Preparation by VITA: Free Income Tax Assistance. Income requirement is \$54,000.00 or less, taxes are filed electronically. Must bring: Original Social Security Cards for you, your spouse and/or dependents or social security number verification letter issued by SSA, government issued photo identification for you and your spouse, form W-2, W-2G, 1099-R from all employers, Interest and dividend statements from banks (Form 1099), day care expenses with the providers' EIN and amount paid (if applicable), bank routing numbers and account numbers for direct deposit, blank check, a copy of last year's tax return, any other relevant information about income and expenses, Health insurance documents: 1095A, 1095B or 1095C. If you qualified for an exemption through the Health Insurance Marketplace, bring the Exemption Certificate Number (ECN). **Please see schedule for hours of tax preparation and room location.**

Monday, January 22 – Movie & Discussion: “The Giver.” Jonas lives in a seemingly idyllic world of conformity and contentment. When he begins to spend time with The Giver, an old man who is the sole keeper of the community's memories, Jonas discovers the dangerous truths of his community's secret past. Armed with the power of knowledge, Jonas realizes that he must escape from their world to protect himself, a challenge no one has ever completed successfully. (2014), Rated PG-13. Noon to 2:15 p.m. Rm 154

Monday, January 22 – Eventide Book Club. Take part in insightful discussion on select novellas, short stories and slim novels with librarians who love great stories. The book for this month is “The Giver” by Lois Lowry. 6:30 to 7:30 p.m. Rm 226

Monday, January 29 – Friends of North Regional/BC Library present Modern Ethical Dilemmas Discussion Series with Dr. Sandra Lilienthal*. Assisted suicide - should one always have the right to decide to end his/her life? And should anyone be allowed to assist? 2 to 3 p.m. Rm 154

Monday, January 29 - Show your Power Bill the Door! Looking to save on your utility bill? Aren't we all? Learn how you can reduce those monthly costs by making your home more energy efficient. Presented by Carrie Kashar of Broward County Environmental Planning and Community Resilience Division. 6:30 to 7:30 p.m. Rm 226

Tuesday, January 30 – THE BIG READ Movie & Discussion: “In the Time of the Butterflies.” A rebel leader educates a Dominican Republic woman about the abuses of a corrupt dictator. (2001), Rated PG-13. Discussion will be led by Dr. Mary Ann Gosser, FAU professor. Noon to 2:30 p.m. Room 154

Adult Literacy Classes:

Tuesdays & Wednesdays – English Café: conversational practice session for intermediate learners of English. 6:30 to 7:45 p.m. Rm 226

Tuesdays & Wednesdays – Spanish Café: conversational Spanish practice for English speakers. 6:30 to 7:45 p.m. Young Adult Room, 1st Floor.

***Programs are free to Friends of North Regional /BC Library members and Broward College students. Fee for non-members is \$5 per program or you can purchase an annual Friend of North Regional/BC Library membership for \$10.**

PREPARED



R-E-S-P-E-C-T

Find Out What It Means To BSO

By Sheriff Scott Israel

Aretha Franklin said it best, when she sang about the importance of being shown a little respect. We all know the foundation of a strong relationship is built on this important quality. It's even more important when it comes to law enforcement and how we interact with people in all the diverse communities we serve.

That's why I'm thrilled to announce that the Broward Sheriff's Office is launching the "Respect Campaign." Beginning this month, and running throughout the year, our Respect Campaign will highlight all the ways BSO's dedicated men and women in law enforcement, detention, fire rescue and civilian positions build stronger community connections and the many ways we work to get even better.

Throughout the year, we will share stories through our social media platforms on Facebook, Twitter and Instagram, as well as on our website: www.sheriff.org. We will showcase the interactions and people who make a huge difference in ways, both big and small.



Stories will highlight BSO's respect for our profession and respect for the communities we protect: the people who go above and beyond. Also, the daily interactions with our community's children, the acts of compassion that go a long way in ensuring the safety and well-being for all.

We're also taking the opportunity to look at how we can improve and become even more responsive to the needs of Broward County's two million residents and many visitors. As part of the effort, we developed a new internal training video that stresses the importance of treating everyone with dignity and respect and how it produces lasting, positive benefits.

We're also seeking feedback from members of our community to help us get even better. After all, listening, truly listening, to others and using their views as meaningful guidance, is one of the sincerest forms of respect.

This Respect Campaign is the next advancement in uniting Broward initiative and BSO's key community outreach effort. It will actively unite Broward's vibrant and diverse community groups across racial, religious, ethnic, cultural and sexual orientation boundaries, making Broward a better and safer place to live, work and raise a family.

As a law enforcement officer for nearly 40 years, I quickly learned that treating everyone with the kindness and the respect they deserve, produces massive results. That's why I've made community policing a cornerstone of my belief system and have made it a priority during my time at BSO.

Far too often, we focus only on the small number of bad people, when we should also be focused on the 99 percent who are good people. These are the people that can and will make a difference, and help us make Broward even safer. If you treat people with respect, they are more likely to approach law enforcement with tips or seeking help for a problem, before it spirals out of control and becomes a public safety issue.

So, to quote Aretha Franklin, I'm excited for you to find out what a little respect means to me ... and to BSO.



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Neighborly News

1703 Andros Isle

Lighting the Building "Party"

By Lindy Borden

Twas the night before the party, the storage unit was entered, where thousands of the lights had lived sense last year. Preparation was made, testing the lights, so all would be ready in daylight.

At 10:00 AM, November 25th, the volunteers gathered, to string the lights to brighten the holidays, for our neighbors and friends. Work was completed by Noon that day, except for a few adjustments.

It was time to get ready for the PARTY; shopping was done, platters were made, wine was chilled, and a table was set up under the gazebo. Now, was the time to knock on doors reminding everyone of the party at 6:00 PM.

The countdown began: 3, 2, 1, the lights were plugged in, as everyone cheered and shouted, "Happy Holidays."

Happy Holidays to all, from your neighbors at 1703 Andros Isle.



1705 Andros

By Marilyn Stahl

The December Holidays are over and hopefully they were joyous for all. New Year's is upon us. May this New Year bring good health, joy, love and ever-lasting friendships to all.

Jane and Robert Elvin had a visit with family and left for a cruise. Happy sailing to them.

We missed wishing Angela Papa a Happy Birthday in December. It's never too late, so Happy Birthday Angela. Not too late to wish Catherine Papa a healthy birthday this month. Stay well this year dear lady.

As of this writing, we are looking forward to

our Andros Get Together. Nice to see neighbors from other buildings. Our Lunch Bunch outing from our Building will be to Longhorns.

Stay well and happy everyone, so you can enjoy this wonderful place called Wynmoor.

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HISTORY CORNER

By Phil Edwards

Cleopatra: More Than A Pretty Face

And here, you thought your family had issues. While Cleopatra was royalty, the whole family was royally dysfunctional. After Alexander the Great died, his generals divided up his Empire. It did not take long before they fought amongst themselves. When the dust settled, General Ptolemy controlled Egypt and became the new Pharaoh (God-King) of Egypt. His dynasty lasted from 323 BC till 30 BC, when the Romans conquered Egypt.

Ptolemy established a closed system for political control. He made the capital Alexandria, a city Alexander The Great built.

The official government languages were Greek and Egyptian. It was a problem that none of the Ptolemies spoke Egyptian, except Cleopatra, who also spoke Hebrew, Ethiopian and several dialects. **The Ptolemies only married within their family.** That means brothers married sisters, uncles married nieces, and nephews married aunts. Imagine if this were your family. What would it look like? The males were all named Ptolemy and many of the females were named Cleopatra.

Cleopatra was attractive, possessed high intelligence, ambition, and was cunning and ruthless. She was the last Pharaoh of Egypt and the Roman government feared her until her death.

The family was already messed up, but here is where it gets a bit sick. In 55 BC, Cleopatra was made joint ruler of Egypt with her father. After he died four years later, she was eighteen years old and joint ruler with her husband/brother, Ptolemy XIII, who was ten years old. I am not sure she classifies as a cougar at eighteen.

The regents for Ptolemy XIII rebelled against Cleopatra and had her banished from the palace. A virtual civil war was in effect. When Julius Caesar arrived in Egypt, Cleopatra had herself wrapped in a rug and presented herself

to Caesar, as a gift at his residence. As the rug was unfolded, a twenty-one-year-old voluptuous woman appeared before a battle-hardened fifty-two-year-old man. At fifty-two, needless to say, he saw more than stars.

Caesar backed Cleopatra in the civil war against her husband/brother, Ptolemy XIII, who then drowned in a battle against Rome in 47 BC. Caesarion, son of Cleopatra and Caesar, was born in 46 BC and proclaimed joint ruler of Egypt. This came only after Cleopatra has her other brother/husband, Ptolemy XIV poisoned in 44 BC to make room for Caesarion.

In February of 44 BC, Julius Caesar was proclaimed Dictator of Rome and assassinated a month later. Cleopatra leaves Rome and goes back to Egypt as the civil war in the Roman Empire erupts. After defeating the assassins of Julius Caesar, Mark Antony and Augustus Caesar (Octavian) began their own civil war for control of the Empire.

Notwithstanding Mark Antony's marriage to Octavian's sister, he could not resist the southern hospitality of Cleopatra and moved in with her. Four children later, Antony willed Cleopatra huge amounts of Roman territory. The will was discovered and made public to the Romans, who were not amused. Rome backed Octavian in the civil war which led to the defeat of Antony and Cleopatra's army at the battle of Actium. They fled to Egypt, where they both committed suicide.

To tie up loose ends, Octavian had Caesarion murdered to cut off Julius Caesar's heir. However, he spared three of Antony's children with Cleopatra. I don't know where the jokes started about our Appalachian hillbillies and their lifestyles, but they have nothing on royalty. As the old saying goes, "S**t happens, even in the best of families." Comments can be made on Phil's website, chooserrightly.com, under "Article of the Month."

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Traffic Violations

The speed limit on Wynmoor Circle is **25mph**. The speed limit in the villages is **15mph**. There is absolutely **NO PASSING** on Wynmoor Circle and all **STOP SIGNS MUST BE** observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**

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JANUARY CLASSES

Monday

AARP: Monday & Wednesday, January 8th and 10th, from 9:00 AM - 12:00 PM for TWO DAYS; \$15-\$20
 Art for the Artist in You/Portraits (Lines): Starting January 8th from 1:00 PM - 3:00 PM for 4 weeks; \$50
 Chair Yoga (Charland): Starting January 8th from 1:00 PM - 2:00 PM for 4 weeks; \$28
 Law and Order (Dr. Friend): Starting January 8th from 10:30 AM - 12:00 PM for 4 weeks; \$35
 Tap Dance (Fisher): Starting January 8th from 10:00 AM - 11:00 AM for 4 weeks; \$32



Tuesday

Creative Art (Zannini): Starting January 9th from 10:00 AM - 12:00 PM for 4 weeks; \$45
 Jewelry (Maron): Starting January 9th from 7:00 PM - 9:00 PM for 2 weeks; \$30
 Line Dancing (Levitan): Starting January 9th from 10:00 AM - 11:00 AM for 4 weeks; \$28
 Mixed Media (Tishman): Starting January 9th from 1:00 PM - 3:00 PM for 4 weeks; \$40
 Stained Glass (Zannini): Tuesday & Thursday, January 9th and 11th from 9:00 AM - 12:00 PM for 3 weeks; \$72



Wednesday

AARP: Monday & Wednesday, January 8th and 10th from 9:00 AM - 12:00 PM for TWO DAYS; \$15-\$20
 Ballroom Dancing (Price): Starting January 3rd from 7:00 PM - 8:00 PM for 4 weeks; \$32
 Paper Toile (Katz): Starting January 10th from 10:00 AM - 12:00 PM for 4 weeks; \$40



Thursday

Art for the Artist in You/Portraits (Lines): Starting January 4th from 1:00 PM - 3:00 PM for 4 weeks; \$50
 Canasta (Levitan): Starting January 4th from 3:30 PM - 5:30 PM for 4 weeks; \$36
 Challenges Facing United States (Chesterman): Starting January 4th from 10:30 AM - 12:00 PM for 4 weeks; \$32
 Jewelry (Maron): Starting January 4th from 10:00 AM - 12:00 PM for 2 weeks; \$30
 Mah Jongg (Levitan): Starting January 4th from 3:30 PM - 5:30 PM for 4 weeks; \$36
 Stained Glass (Zannini): Tuesday & Thursday, January 5th and 7th from 9:00 AM - 12:00 PM for 3 weeks; \$72
 Stone Sculpture (Capoloto/Savitzky): Starting January 4th from 9:00 AM - 11:00 AM for 4 weeks; \$50



Friday

Martin Buber and the Hasidic Mystique (Kavon): Starting January 5th from 10:00 AM - 11:45 AM for 4 weeks; \$32



Saturday

Yoga (Charland): Starting January 6th from 9:00 AM - 10:00 AM for 4 weeks; \$28

Private Sessions

Golf Lessons (Battersby), Private Sessions available
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For more information, call Recreation at 954-978-2600, press 1. Register at the Recreation Office Monday - Friday 8:00 AM - 4:45 PM. Classes are monthly and must be taken consecutively. Classes are subject to change. Refunds are not granted after the start of the second class.

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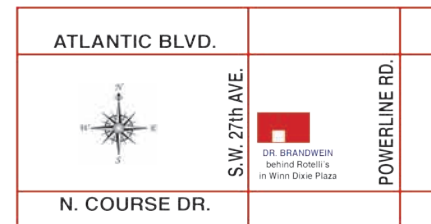
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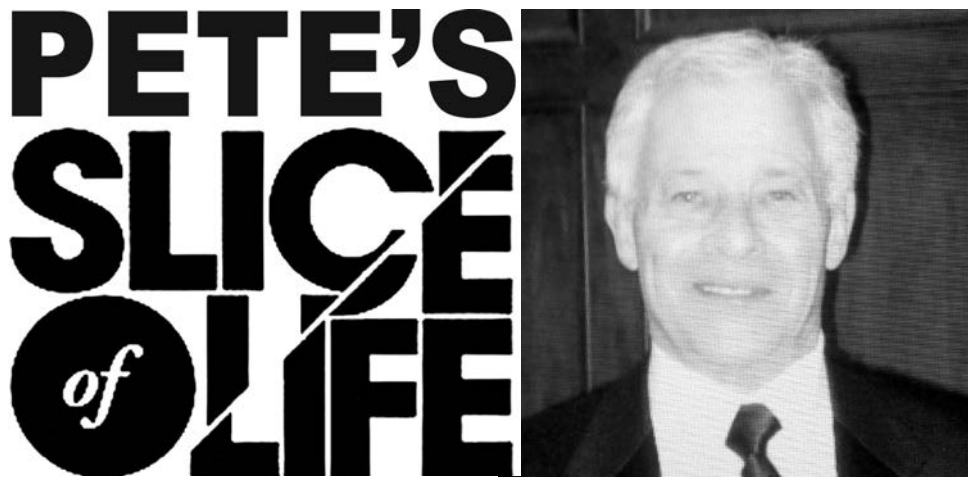
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Pete's Seminar

By Pete Hardis

I want to welcome you and thank you for coming today to "Pete's Seminar." The purpose of this seminar will be to explore some of the seminars I attended over the years. I hope that you will find your time spent here at "Pete's Seminar" will be both informative and entertaining.

The first seminar that I ever went to was when I received in the mail a very formal looking invitation, inviting my wife and myself to attend a seminar. To paraphrase, what the invitation said: "Dear Mr. and Mrs. Hardis, we are delighted to invite you to attend, by invitation only; we will provide you with a full complimentary five course dinner at a 5 Star restaurant, with no obligation to you; you will not want to miss this-once-in-a-lifetime opportunity, to learn what no one else knows about accumulating great wealth."

Now tell me, wouldn't we have been fools not to attend, if for no other reason than to enjoy a delicious free dinner? Thinking we would have nothing to lose, we decided to go. As it turned out, we were so impressed by what we learned at the seminar, we felt we had to write a check in the amount of \$10,000, to meet the minimum investment amount that was required. This would then enable us to not miss out of being able to get in "on the ground floor of this extraordinary opportunity." How could we not when, by the end of the seminar we were assured that "this relatively modest investment 'you' are making, would grow beyond 'your' wildest dreams leading 'you' to secure a solid financial future for 'your' family."

What happened next was, we began to receive, at a rate of almost once every other week, similar types of offers, to attend all different kinds of seminars. Most of them began with "Peter, you have been selected to attend a once-in-a-lifetime event that could result in an enormous benefit for you and your family."

Because of the financial statements we were receiving from the first seminar we attended, had indicated that my initial \$10,000 was growing beyond what we thought was possible. We started to take advantage of some of the other "exclusive" invites we were receiving. At this point, I would like to describe to you two of the seminars my wife and I attended:

We were flown to Cancun, Mexico to spend a four-day extended weekend in a lavish beachfront hotel. All we had to do in return was to attend a 5-hour discussion with a company representative on the Saturday of our arrival. Because we were so impressed with her presentation, and for me, because of her stunning beauty, we decided to invest in two "very elegantly appointed and much sort after 'time shares.'" One was near the Mayan ruins in Chapultepec, Mexico and the other, on the beautiful Lake Saint Claire in Michigan. Because the pictures we were shown of both sites, were so magnificent, we decided that

the one time investment of \$22,000 and lifetime maintenance fee of \$1,400 per year for both, was certainly well worth the investment.

The next seminar we attended was when we were flown to Palm Beach, Florida. Unbelievably, and free of charge, we were checked into the exclusive Breakers Palm Beach Hotel for 5 full days, which included all our meals. The only requirement we had to commit to was to board the most luxurious bus we had ever seen, which would take us on a full-day tour to view the company's properties, very close to the Everglades. At this site, we were shown that they began to reclaim the swamp land, to build the "most amazing town homes that were ever built in the entire United States." We were so impressed with the one model home that was still under construction. Then, we were shown the proposed renderings of the entire community layout, planned to be developed. The entire project was intended to make each resident feel as if they were living in an "adult Disney World." We were beyond impressed by all of this. After some serious discussion between my wife and myself, we decided that a down payment of only \$11,750 to buy one of these "forth coming" homes was a very smart move on our part. Additionally, we were promised in writing, that our purchase price would be 20% lower than for any other buyers who would show up after the clubhouse was built.

By this time, we were informed, by way of the financial statements we were receiving from our first seminar we attended, that our original investment of \$10,000 was now worth \$65,000. My wife and I decided that maybe it was time to withdraw all the money, being that we had a profit of \$55,000. This way we would use the money to cover the costs of the subsequent seminars we invested in.

We contacted the financial institution to withdraw the money. They informed us that the contract we signed was that we MUST keep all the money with them for at least 10 years. We called our lawyer who looked at the contract. He sadly informed us that the contract we signed was a "solid" one and that "we didn't have a leg to stand on." We were distraught, but with the way the money was growing, we felt that in the long run, maybe it would all work out in our favor.

At that time, we decided to spend a week in our "time share," located by the Mayan ruins. When we arrived, we were in a state of shock. The unit turned out to be a dilapidated hut, without air conditioning. Worse, the road to the ruins was impassable because it was full of mud from the never-ending rain.

Six months later, we went to visit our "time share" on "beautiful" Lake Saint Claire. Surprisingly, the unit was really very beautiful. The only problem there was that the entire lake was closed off by the Detroit department of health because of the dangerously high levels of toxic pollutants in the lake.

About two weeks after our return from Lake Saint Claire, we received a "registered letter from the New York Attorney General's Office," informing us that the financial company that our \$65,000 was invested in was shut down by a court order because of their "fraudulent practices." It was determined that they were in the "red" for up to as much of \$21 million. A week later, we received a letter that stated, "because of the financial crises of 2008, the company you bought the Everglades town home is now bankrupt."

That concludes my presentation of "Pete's Seminar." I want to thank you all so much for coming. I have no doubt that you must feel you got your \$200 money's worth today. Additionally, there are DVD's of "Pete's Seminar" in the lobby as you leave. To show my appreciation, I have arranged to make the DVD's available to you at the severely reduced price of \$30 each. Also, for \$5, you can pick up my brochure, which lists where and when I will be presenting, "Pete's Seminar" in the future. Once again, I thank you for coming today!



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INSPIRATION STATION

By Diana Stone, M.A.

HONORING YOUR HEART'S DESIRE

Dear Reader,

Happy New Year! Here's your brand-new slate of opportunity to manifest what YOU truly desire! Let's choose to let go of the woulda/coulda/shoulda's of your mind and focus on what YOU REALLY WANT!

If we are honest with ourselves, many of our to-dos are born from other people's expectations and desires for us! We often serve our roles as spouses, parents, children, and employees and then, if anything is left over, energy wise, we consider what we want and decide if we want it more than just turning in for the night! When was the last time you picked a freshly-baked, just-out-of-the-oven, cookie that YOU wanted FIRST, before umpteen little hands got in on the deal? Or, when was the last time you got to pick what movie YOU preferred to see, over the latest G-rated flicks your kids (or grandkids) wanted or the action thriller your spouse preferred?

These little tendencies to let go of wanting for ourselves are endearing but they can also cause us to lose touch with what we really want, and over time, we can literally forget what delights us as individuals!

So, for this month, or just for this moment even, let's just STOP and ASK OURSELVES, WHAT DO I REALLY WANT? And LISTEN! If we give our hearts a chance to speak up, we will get a message, but we must give pause to our autopilot ways of living.

For 2018, consider building in "ME TIME" first. Learn to meditate. Take a nature walk. Start a journal. Plant a garden. Cultivate a relationship with yourself. You do this by setting aside time with yourself every day, even if it's just for 15 minutes. No phone, no TV, just quiet time so your heart can begin dialoguing with you. What you will discover is your own voice and it is an essential part of the chorus of life.

We are all here for a purpose. Yes, we are here to support one another and rejoice in our interconnectivity, but we each bring a unique dish to the banquet of life. When we take time to discover and nourish our own creative natures, we contribute more to the world and enjoy our earthly adventure more too! That "WANTING" part of you is not the selfish aspect of you. It is your heart wanting to be heard and EXPRESSED! (A golden little gem of a book that will help ignite your intuitive fires is, "The Magic Path of Intuition," by Florence Scovel Shinn).

Here are three ways to AWAKEN your heart's desires so 2018 can be your best yet!

1. Clean your vessel! Our bodies are our soul's primary paintbrushes so if we have allowed our bodies to become gooped up with life experiences that have left us brittle and broken, it's time to clean up so we can start a new masterpiece! Start the New Year with a cleanse that feels inviting, not overwhelming! I do the 10-day Lemonade Master Cleanse ("The Complete Master Cleanse," by Tom Woloshyn) once a year to give my body a chance to shed what no longer serves me. Or add a few green drinks to your weekly regime! At the minimum, be sure you are staying hydrated! We are made up of 60% water. We must stay hydrated to feel and function at our best! Add fresh lemon to your water to stimulate digestion, reduce inflammation and boost your immunity!

2. Become an expert on YOU! Start to court yourself! Start small, if it has been awhile! Try different scents or essential oils to see which ones resonate most with your preference! Get new soft bed sheets! Taste different teas and high-end chocolates and allow yourself to have your own stash of favorites in your pantry! Try different massages. Do you prefer a facial or reflexology? Maybe you are like me and prefer BOTH!

3. Do the unexpected! We often behave as we think we should behave. But within each of us, is that vibrant yearning child, who still hungers for expression! What would your inner child like to do? Just do it! The beach is one of my favorite places to take my children. As I've gotten older, I sometimes sit out and simply watch them swim when the ocean feels too cold for my liking. But every now and again, I just plunge into the freezing cold Atlantic Ocean (alright, it may be 70 degrees, but it FEELS FREEZING!) and then, we all get bundled up and share some hot French fries! It's all about balance baby!

RESOLVE that YOU WILL SHOW UP FULLY FOR 2018! This world needs you! I believe in you! Dust yourself off and SHINE! Happy Everything, Diana

Diana Stone, M.A., is a Wellness Consultant and inspirational writer and speaker.

Contact Diana at dianalynnstone@me.com or www.dianalynnstone.com

City Matters

By Commissioner, Mikkie Belvedere

Happy New Year. I am looking forward to a happy, healthy, and productive year. Maybe this year, we can achieve all that we promised ourselves in our New Year's resolution. Happy Birthday and Happy Anniversary to all celebrating this month, including me.

I look forward to a year of economic growth in the city. These are the final weeks of the city's 50th anniversary. Come out to our celebration, "Jazz in the Hall" on January 12th from 6:30 PM - 9:00 PM at City Hall. It promises to be a great evening.

Our Farmers Market is open from 9:00 AM - 1:00 PM, every other Sunday, at the recreation complex (Lyons Road and Sol Press Ave) parking lot. The dates are January 7th and 21st. I hope to see you there. You will experience some wonderful produce, cheeses and more.

There are many additional wonderful programs that will take place in January. One is the cultural series at the Commission Chamber. This month will be, "The Life and Times of Charlie Chaplin" on January 4th at 6:30 PM.

The first session of the Citizens Academy starts on January 23rd. You must register for this 10-week course to learn about how the city is run.



The first session will introduce you to our finance department, followed by our second session, the police dept. and continuing with every other department. After the ten weeks, you will have a better understanding of how your taxes are spent and how the city uses many grants to continue our maintenance and growth. Contact Yvonne Lopez at 954-973-6722 or ylopez@coconutcreek.net to find out how you can register.

There are two other holidays I would like to mention: Martin Luther King's Birthday is on January 15th. One of many quotes by Martin Luther King that I like is, "if you can't fly, then run, if you can't run then walk, if you can't walk, then crawl, but whatever you do, you have to

keep moving forward."

Another holiday this month is the Jewish holiday of "Tu Bishvat," similar to our Arbor Day. It is celebrated on January 31st and is a "New Year" for trees. It is usually celebrated by planting new trees.

The Turnpike expansion is on hold and waiting for some additional studies. Thank you to everyone that signed the petition.

Stay well and keep smiling. I can be reached at mbelvedere@coconutcreek.net or call me with suggestions or problems at: 954-803-7696.



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JANUARY COMPUTER CLASSES

January 2, 9, 16, 23, 30 - Tuesdays - Creole classes: 6:00 PM - 8:00 PM
 January 3, Wednesday - Introduction to Excel, part 1 of 6: 2:00 PM - 4:00 PM
 January 4, Thursday - Meet the Computer Windows 7/10: 2:00 PM - 4:00 PM
 January 8, Monday - iPhone Essentials, IOS 10: 2:00 PM - 4:00 PM
 January 10, Wednesday - Introduction to Excel, part 2 of 6: 2:00 PM - 4:00 PM
 January 11, Thursday - Buying & Selling On Ebay: 2:00 PM - 4:00 PM

January 17, Wednesday - Introduction to Excel, part 3 of 6: 2:00 PM - 4:00 PM
 January 18, Thursday - Digital Photography: 2:00 PM - 4:00 PM
 January 22, Monday - iPad v9.0: 2:00 PM - 4:00 PM
 January 24, Wednesday - Introduction to Excel, part 4 of 6: 2:00 PM - 4:00 PM
 January 25, Thursday - Exploring the Internet: 2:00 PM - 4:00 PM
 January 31, Wednesday - Introduction to Excel, part 5 of 6: 2:00 PM - 4:00 PM



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Clubs and Activities

ALL Wynmoor Clubs, regardless of name, are open to ALL Wynmoor residents. Dues may be applicable.

Actors On Stage Club

By Marvin Keith

Announcing a new group, "Actors On Stage," formerly known as Actors Workshop. We have not only changed our name, we have re-organized our mission. Simply stated, our purpose is to give every member an opportunity to perform before a live audience. We are looking for people who want to have fun, be on stage, entertain our community, assume and act out a part, and all without worrying about memorization. This concept can take the form of an entire play, staged cuttings with smaller parts, or reader's theater.

If this sounds like you, please join us at an Open House, Friday, January 12th, from 3:00 PM - 5:00 PM in the Lecture Hall. For more information, contact amy@polo14.com

BOOKIES

By Edythe Rishin

BOOKIES is a Wynmoor Club, welcoming all residents. We will meet on January 2nd in Ballroom C, at 7:30 PM.

To start the year, we will be reading "Lilac Girls," which follows the lives of three women through the course of World War II and beyond. Martha Hall Kelly's debut novel will haunt you.

The February 6th selection will be "Americanah," by Chimamanda Ngozi.

Adichie is a tale of love, race and identity, winning the author a 2013 "National Book Critics Circle Award."

For March 6th, we will choose "Most Wanted," by Lisa Scottline. This selection will be posing a legal and moral dilemma.

For information, call Laura at 954-917-7677 or Edythe at 954-978-9824.

Bridge

By Lynne List

BIG NEWS! The Thursday afternoon Bridge Game is back at 1:00 PM in the East Wing, with a new Director, Norman Cohen. Come out to play and meet him. Let's support the game and Duplicate Bridge at Wynmoor.

Supervised play is available on Saturdays, at 12:30 PM in the East Wing. So, those of you who could use some help with bidding, playing the hand, or defense, this is your opportunity to get the help you need from certified Bridge teachers.

Another news flash: starting Monday, January 8th, and every Monday thereafter, at 6:00 PM, a complimentary lesson will be given for intermediate players in the East Wing.

The sanctioned games will be held Monday and Wednesday nights at 7:00 PM, Friday and Saturday afternoons at 1:00 PM in the East Wing, and Tuesday afternoons in the East Wing.

Friday afternoons, the unsanctioned games will be held at 12:30 PM in the West Wing. A complimentary lesson precedes the Friday game in the West Wing. Coffee and cookies are served at all games. Happy New Year to all and we'll see you at one of our games!

Clay Sculpture Club

By Martha Van Cleave

Explore your creative talents in clay!

Our club is open to all, no matter what your level of experience in clay sculpture.

Tuesday is our club day and the studio is open for your use throughout the week as well. The studio is in the back of the main clubhouse, facing the golf course, to the right of the library.

Please come by and check it out and see if you might be interested in joining us.

If you decide to join, our club dues are \$10 for the year.

Feel free to call me for more information about our club. Or, come by on a Tuesday, usually 11:00 AM or later is a good time to find some of our members in the studio.

Martha 954-971-3932 or email me at: vancleavemarta@yahoo.com

Computer Club

By Beverly Friend

Ever wonder how to back up your computer? We know we should, but do we know how? Board Member, Adele Berenstein, will examine and explain back up strategies!

Learn the different backup types, the difference between backing up and

archiving and much more. Join us for the whole scoop on Wednesday, Jan 17, 2018 at 9:00 AM in the West Wing for the latest information, troubleshooting and refreshments. For further information,

contact club President, Jerry Murphy at: 954-968-2029 or JerryJMurphy@aol.com - Visit our new website at: www.wyncomputerclub.com

Current Events Club

By Daisy Sheridan

Welcome back, Snowbirds. Come and join us at our weekly meeting, on Tuesday, from 11:00 AM to 12:00 Noon. We meet in the Multi-Purpose Room which is located near the entrance to the Main Pool.

As our name implies, we discuss the important events of our times, local as well as National. Our meetings are always interesting and stimulating and there is never a charge.

Come and socialize with old and new friends. All Wynmoor residents and their guests are welcome.

Democratic Club

By Margaret Wishnow

Wynmoor Democratic Club's fundraiser Luncheon was very successful. It drew a large crowd to honor Mark Bogen, our Broward County Commissioner. Everything went well, from the speeches, the food, the ambiance, and especially, the guests! A big thank you to Vivian Jones, Ronny Sydney, Lois Stermer and all the other members who worked so diligently to make this Luncheon a success.

The Club is now gearing up for November 2018 and working hard toward getting Democrats elected. Ahead, there will be many exciting and interesting topics for discussion. Also, other engaging meetings are being planned.

New members are always welcome. Bring a friend! Refreshments will be served.

Fishing Club

By Eddie Kopple

The members of the board would like to wish all our members a happy and healthy holiday Season. We will have one meeting on January 15th. Please don't forget the snakehead hunt, which is on the 11th of January, from 1:00 PM - 4:00 PM. This is open to all people who like to fish. All you need is a fishing rod, bait and good luck to catch one.

Sign up at the Bocce court and remember, for the largest snakehead caught, you will receive one-year free membership to our club. We fish in any lake in Wynmoor, except the golf course. That includes the bridges on the course. We don't want anyone to be hit with a golf ball or run over with a cart.

Anyone who has a freshwater fishing rod and reel that is collecting dust and not being used, please donate it to the fishing club for the kids to use.

Our meetings in February will be on the 4th and the 18th. Any questions, call Eddie at 215-429-6138.

Fun With Friends

By Lou Kravitz

On January 21, 2018, we will be having our "Winter White Dance." We hope everyone will wear white. Doors will open at 7:30 PM. A free dance lesson will be given from 7:45 PM - 8:30 PM. The band will play from 8:45 PM - 10:45 PM. We will have a new group coming to us for the first time. They are called the "Fusion Band." They play all kinds of music for our listening and dancing pleasure.

It is time for everyone who has not joined our club to do so. It is only \$10 for members, and it helps us keep great bands coming. The price for non-members is \$15. All reservations must be in by 12:00 Noon on January 18th. Checks can be dropped off at Sheila Glater's home: 1602 Abaco Apt. A3. Her phone number is 561-212-2707 or you can email her at: sglater@comcast.net

Get your reservations in early, because we are now in our popular dance season.

Hadassah

By Phyllis Antis

Our December meeting had a large attendance. We celebrated with bagels, donuts and a menorah. The Board was introduced so newer members could find out responsibilities of each. Carol Keitel entertained us with her comprehensive history of the Gershwins, from childhood on. She played the

Clubs continued on page 56

Clubs and Activities

Continued from page 55

keyboard, highlighting songs from each part of George's career and asked the audience to guess songs and shows. A good time was had by all. The boutique and card tables were very busy.

The January 3rd HMO (Hadassah Medical Organization) brunch at 11:30 AM, will be held in the West Wing and will be catered by Old Florida Caterers. There will be stations for bagels, blintzes, omelets and all the fixings. The price is \$36 for brunch and will help research, medical faculty and staff at the renowned Hadassah hospitals.

Our next meeting will be on Wednesday, February 7th in the West Wing from 12:00 - 3:00 PM and will feature Dr. Tony Fatell. He will tell us about how Jews were treated in Japan, from 1930 - 1945: a topic which very few of us know about.

Our next card party will be on Sunday February 11th in the West Wing. Call Natalie, at 954-984-1673, for reservations, at \$18 per person, to make sure your group has a table. A dairy boxed lunch will be served.

Save the date, Wednesday March 14th for our Annual Spring Luncheon and Fashion Show. This will take place at Lighthouse Point Yacht Club, same as last year. The cost will be \$42 per person, including valet parking. Vendors will be present. Call Beverly Alexander at 954-969-1701 for reservations. She also sells trees for all occasions to be planted in Israel.

For certificates for all occasions, call Bernice Riback at 954-973-9050. Happy New Year To All!

Health & Wellness Club

By Hope Myers

Our next meeting is planned for Tuesday, January 16, 2018 in West Wing II at 2:30 PM. We will feature Dr. Raymond Gailitis, MD., F.A.C.S. Dr. Gailitis is a board certified, fellow-ship trained refractive and corneal transplant surgeon, who specializes in vision correction surgery. His presentation will cover "Macular Degeneration & Cataract Surgery Updates." Dr. Gailitis has been recognized by his peers as a South Florida "SuperDoctor." Delta Sky Magazine recently featured him as one of the "Best Eye Surgeons in America."

We thank Dr. Gailitis' practice, "Ophthalmology Consultants of Margate," for sponsoring our healthy refreshments.

Membership supports the continuation of our quality refreshments. Membership dues of \$10/year will be collected for the 2017 - 2018 Season. The guest fee for non-members attending the meeting is \$3. For further information, contact Hope Myers at 954-971-9538.

Nature & Arts Club

By Bonnie Summer

Happy New Year! Our first meeting of the year will be on January 4, 2018 at 9:00 AM. The speaker will be Rose Bechard Butman, Broward Outreach Coordinator of "NatureScape" in Broward County. Ms. Bechard Butman will be giving a "NatureScape" presentation about how various birds and butterflies are attracted to our gardens and how they relate to our plants.

On January 18th, there will be a tractor trailer tour of Bedner's Farms for 40 people, including a talk about "What, How and Why We Grow." We will also pick strawberries, eat ice cream and shop at their market! We will be carpooling for this event. We will be leaving Wynmoor at 9:15 AM from East Wing, Room 4. The trip will cost \$15. Bedner's Farms is in Boynton Beach.

Our breakfast meetings are held the first Thursday of the month, starting at 9:00 AM in Ballroom C. Membership dues of \$15 per person can be sent to Bonnie Summer: 1601 Abaco Drive, Apt. K4, Coconut Creek FL. 33066. Please include your email address and telephone number with your check.

Needlework Click

By Barbara Bilello



Happy and Healthy New Year to all! I can't believe it's 2018! How fast the time goes by! Our meetings in January are the 2nd and 4th Tuesdays; the 9th and the 23rd in the West Wing from 1:00 PM to 4:00 PM. We look forward to seeing all the snowbirds back in action!

Remember, we donate our master pieces to various charities during the year. If anyone is new to Wynmoor and would like to meet new friends, come to our meeting, even if you don't knit or crochet. Everyone is welcome.

We had a great turnout at our Holiday Party with lots of ladies joining us. The food was delicious and a great time was had by all.

Keep in mind that if anyone has yarn that they are not using, just give me a call; Barbara at 754-222-6375. I will be happy to pick it up. Hope to see you at our next meeting.

Pennsylvania Club

By Marlynn Stoloff

Let me begin by wishing everyone a "Happy New Year." Welcome to 2018. May it bring you health and happiness.

The next meeting of the Pennsylvania Club will be Sunday, January 7th, at 10:00 AM in the West Wing. We invite all Pennsylvanians and their friends to join us. We will have super entertainment and bagels and coffee. Dues are still \$10 and are due at this meeting.

Many of our Snowbirds joined us at the December gathering. We were delighted that 4 new members joined. We had a great vocalist who entertained our club and the Queens Club. Hope your holiday plans went the way you had hoped.

We are changing things up for the meeting on February 4th. We will not have a morning meeting. Instead, we will hold our Annual "Gala Installation" plated dinner, starting at 5:00 PM in Ballroom A. We will be joining the Queens Club for this function. Chicken or a fish full course meal will be served. You can choose your menu at the January meeting. Tickets are \$20 for members and \$25 for guests. Please bring checks to our January meeting.

Pickleball Club

By Sandra Cohen

Is one of your New Year's resolutions to get fit in 2018? If so, you may want to consider Pickleball. It provides fun and great exercise. If you want to learn to play the game, visit us at the Pickleball courts any morning. Meet our friendly members and find out about the free Pickleball lessons we offer. We even supply racquets and balls for the lessons.

Do you prefer social activities? The Pickleball Club offers that too. Now that we are fully into the Winter season, our tournaments, luncheons, pizza parties and dinner dances have begun and will carry on through Spring. Our weekly barbeques, which take place most Wednesday evenings at the Cove, will also continue.

Do you like karaoke? Please join us on Wednesday, January 31st, at 7:30 PM in Grand Ballroom A. There's no entry fee for Pickleball Club members and a small fee for guests.

If you like, you can join our club and come to karaoke nights and other events for free. All Wynmoor residents are welcome to join.

We wish all our Wynmoor friends and neighbors happiness and health in 2018 and hope to see you at the courts or at our popular karaoke nights soon.



KARAOKE PHOTOS BY IRWIN COHEN

Pool and Billiard Club

By Bob Horowitz

Wednesdays night open play:

Join us Wednesday night starting at 6:00 PM for open 9 ball play. This is open to all levels of players, from beginners to advanced.

For information about the Pool and Billiard Club, to join our e-mail list, or to sign up for an event or meeting, either email WynmoorPoolClub@gmail.com, come into the room and look for event sign-up sheets or ask for Co-Presidents; Ralph Rubin or Bill Brunie or Vice President; Bob Horowitz.

Free Pool Lessons:

Put your name on the pool lesson sign-up sheet in the Pool Room or email us to schedule free Pool Lessons.



Queens Club

By Ruth Weinstein

Happy New Year and best wishes to all. Start the new year right and come to Queens Club meeting on Sunday, January 7th at 10:00 AM in West Wing II. Breakfast will be served and entertainment follows.

Clubs and Activities

Remember to sign up for the Queens and Pennsylvania Clubs Annual Catered Dinner with wine and entertainment, to be served on February 4th at 5:00 PM. Call Ruth to sign up at 954-975-0515.

Shuffleboard Club

By Michele Epstein

The Shuffleboard Club is well underway for the Winter season. We are very glad to see that our Snowbirds have arrived safely at wonderful Wynmoor. This Winter, we will have our BBQ's at the Cove every Thursday evening. For those who may not know, the Cove is located behind the Country Club. I try to get there early enough for us to get a table near the 19th Hole Restaurant. Remember, the Cove has BBQ grills for those who enjoy grilling out. You may also bring your own grill from home, or purchase a hot dog or hamburger platter, provided at the Cove. The cost is about \$6 or \$7 and includes a drink.

We enjoy the music of a DJ and dance for those who are interested. Then, at 7:00 PM, we will head over to the Shuffleboard courts. For those who simply want to play, come join us at 7:00 PM. Time of arrival is 5:00 PM.

We will be having a breakfast meeting on January 13, 2018, in the multi-purpose room, located at the main pool complex. After the meeting, we will enjoy play time at the courts. Our club play times are Saturdays and Mondays at 10:00 AM and on Tuesdays, Wednesdays and Thursdays at 7:00 PM. The club fees are \$5 for the year.

I am making January the start of our new Season. Any member that has recently paid in July of 2017, will not need to pay again until January of 2019. Looking forward to seeing you.

Michele Epstein, Scott Steffen, Stu Bernstein.



Stained Glass Club

By Eileen Petrucco

Our next Stained-Glass meeting will be January 3, 2018 at 9:00 AM in Ballroom C. Our meetings are always held on the first Wednesday of the month through March. If you are interested in taking a stained-glass class with Bob Zannini, please contact recreation at 954-978-2600. We encourage you to come out and learn a new and satisfying craft, while enjoying a social environment in the studio. All are welcome. No previous experience is required.

Tennis Club

By Shelly Propper

With the start of the New Year, the Tennis Club's activities and fun will increase. All the following events are for Tennis Club members and sometimes their guests. Dues, which are \$12 per person, are now due. Checks should be made out to "WTC" and placed in the mailbox at the tennis court.

On Monday, January 1st at 4:30 PM, we will have our first event, the "Hangover Open" with pizza. Sunday, January 7th at 9:00 AM will be, "Meet the Pro and Tennis." This event is free to members. Friday, January 12th at 6:30 PM, there will be a "Masters Tennis" event. Saturday, January 20th at 9:00 AM, we will enjoy our "Color War" BBQ. Our final event for the month is on Friday, January 26th at 6:30 PM, when there will be another "Masters Tennis" event.

The entire Calendar of Events can be viewed at the tennis courts. We look forward to seeing all the tennis players during the mornings. Individuals and groups can sign up on the board to play. Night Tennis is played on Mondays, Tuesdays and Thursdays from 6:30 PM to 8:00 PM. A warm-up will take place before the games, from 6:00 PM to 6:30 PM. This is the perfect time of the year to play the great game of tennis.

US Club

By Ceil Eitman

Our Gala Paid Up Membership Party will be held on Tuesday January 9th at 7:30 PM in the Ballroom. Enjoy the comedy of the great, "Don Rickles," impersonator. As usual, there will be desserts and a lively DJ. Admission will be paid 2018 dues. Reservations will be available only through the phone squad. The US Club's motto of "Unique Sociability" lives on.

Video Club

By Phil Guterman

We meet the 3rd Thursday, at 10:00 AM at the Video Studio, in the West Wing. We can help you update your old movies, using our Pinnacle Editing System. Add music, narration, titles and color correction to your movies. Call 954-984-8871 for more information.

Wynmoor Compulsive Eaters

By Mort Brody

Is food a problem for you? Do you eat when you're not hungry? Is your weight affecting your life? Do your eating behaviors make you unhappy? Do you spend too much time thinking about food? Do you have feelings of guilt, shame, or embarrassment about your weight or how you eat?

Come join us in "Recovery from Compulsive Eating."

NO DUES * NO FEES * NO WEIGH-INS * NO DIETS

We meet every Monday evening at 7:00 PM in the "SUNRISE" room. It is the last room in the East Wing. All are welcome. This is an anonymous group. For more information, call Mort at 954-815-2058.

Wynmoor Ladies Golf Association

By Violet Howard

Happy New Year everyone! Let's party, dance, sing, and hear those bells ring. We will celebrate a wonderful year in 2018, by bringing in new tournaments, events and activities galore for the WLGA. Our 2018 "Slate of Officers" are full of new ideas you will not want to miss.

Thanks to Connie Rinaldi, for doing a super job as President in 2017. We are excited to welcome your installation as the 2018 President for the WLGA.

Kristine Baker and Kay Lines are the Co-1st Vice Presidents of our tournaments. Bella Wagner is the 2nd Vice-President of our Social Affairs. Jann Cohen is our Treasurer and Rhoda Marks is our Secretary. Thank you, Rhoda, for continuing to do a great job as Secretary year, after year, after year!

We are all looking forward to wonderful times of fun, sociability, and even making pars, birdies, and even eagles; just ask Laura Kirschner, Linda Dworsky, and Mary Kulkuski.

The December 2017 "Toys for Tots" contributions were overwhelming as always. The delicious dessert table was great, thanks to Lois, Elaine, Judy, Bella, Nicole, Kay, Karen and Yasmin. The Luncheon was most enjoyable.

Our 2018 Installation Luncheon and Fashion Show will be on Thursday, January 11, 2018, at the Carolina Club. This is a special event to thank the 2017 officers for their participation and expertise. We will also install our 2018 Slate. Always such fun, our lovely models, Lois, Shelly, Phyllis, Violet, Nicole and Jaimie will be showing the latest golf clothes featured for 2018. The fees are as follows: members are \$27, and guests are \$35.

The 2017 WLGA championship preliminary tryouts are in the works and sign-up sheets are posted on the bulletin board. Is your name listed? Will you be the lucky golfer, receiving the trophy at the WLGA Championship Dinner, happening in March of 2018?

All the WLGA golfers wish a speedy recovery and healthy and Happy New Year to Gloria, Janice, Virginia, Sandy, and Cecee.

Happy Birthday to: Marie Sancilio - January 4th; Giselle Alberti - January 6th; Sandy Zaneck - January 11th; Mary Liscio - January 12th; Linda Greenberg - January 14th. Congratulations to all.

Following, are the pictures taken at our December 5, 2017, "Toys for Tots" Luncheon. Contribution of toys were given to the Marine Recruitment Center at the Peppertree Mall. At least 100 toys were contributed by the Wynmoor Ladies Golf Association, with lots of joy in our hearts.



Writer's Workshop

By Gus Loret-de-Mola

Have you ever felt the urge to write? Do you feel you have stories to tell or poetry that you have always wanted to create?

Would you like someone to listen to your writing and give you feedback on what you compose? Come to our workshop, Saturdays from 10:00 AM - 12:00 PM in Card Room I at the Country Club. Enjoy the writing of others and have fun sharing your work. For information, call Gus Loret-de-Mola at 954-968-1082.

who's who in WYNMOOR

On A Bike, On A Mission

The Story Of Larry Karlin's Amazing Journey

By Larry Karlin and Ted Slowik

On May 8, 2012, my life would be changed forever. I had always loved biking. It was something that had always kept me going. I wanted my daughter to experience the same love. I had just bought my daughter a new bike and we were looking forward to going on a ride together. While bringing the bike home, it had come loose on a rack, so I pulled over to fix it. While on the shoulder of the road, I was struck full-on from behind, from a distracted driver. I remember the thud and lying on the ground with crushed legs, barely conscious, seeing blood and hearing the ambulances. Two days later, I woke up in the hospital and I thought I had died and was in heaven.

I was not. I was alive and at North Broward Medical Center Intensive Care Unit. Over the course of five surgeries, 70 days in the hospital, emotional and physical challenges, Dr. Peter Merkle and his team worked valiantly to save my life and my legs, well at least my left leg. Due to many potential complications, I decided to have my right leg amputated below the knee and a prosthetic leg was designed and created to fit me. I wanted to get on with my life. And so, I began my long road of physical and psychological recovery, and eventually, a new sense of perspective and purpose to my life.

After being at North Broward, I was transferred to West Palm Beach VAMC. It was then that my slow and healing recovery began. The months I spent there were a blur, with more surgeries, casts, pins, and plates. Even when I lost my leg, I set a goal for myself and told myself that I WILL get back on a bike.

That goal was achieved on June 24, 2014, when I took my first bike ride. It was so exciting! Today, I bike an average of ten miles and my total miles on a bike to date, is 3,500 and still growing! A special prosthetic leg was designed to clip onto the pedal, which allows me to ride even more than before. Biking is the best therapy!

The pivotal event was the 1st Sports Clinic, which I attended in Sept 2014.

This past September was my 4th Summer Clinic, when I was selected as Ambassador. I also attended a Winter Sports Clinic in Aspen last year, where I went skiing for the first time ever.

During my time at the clinic, I was learning activities like surfing, kayaking, sailing, and even swimming. My confidence grew tremendously. Like every other situation in my recovery, I made up my mind that I would try anything. My new motto was, "bring it on and just do it!" During my time at the clinic, I met many other veterans who were much more seriously injured than I was, and it was then that I realized there was absolutely no obstacles for me. In fact, there is very little now that I feel I can't do.

Since achieving my goal of biking again, I have set my sights on a new mission. Today, I serve as an advocate for bike and driving safety. I help to bring awareness to the dangers of distracted drivers, including changes in texting laws. I am advocating for new laws to outlaw hand-held devices while driving. Currently, I am working with the local police to speak to students and civic groups about the dangers of distracted driving. I believe that cell phone use laws are not nearly strong enough. There must be more done in light of the startling rise in injuries like mine.

I tell fellow Veterans often, particularly those coping with debilitating injuries, "you can't let fear stand in your way! Take it from someone who knows -- you can do more than you think, because the only limitations you have are the ones you create!" I still thank God everyday for the VA, and for allowing me to recover and inspire others.

Today, I am proud to have been selected an Ambassador for the National Veterans Summer Sports Clinic. I enjoy connecting with other Veteran participants and caregivers, as I help them navigate through their trepidation, help them reach their goals, and ultimately help them obtain the maximum therapeutic benefit of the NVSSC.

The following is letter that I received on June 5, 2017, from Congressman, Ted Deutch, congratulating me on being selected for the 2017, National Veterans Summer Sports Clinic in san Diego, CA. I am proud and honored to be a member of the Ambassador Program, as I continue to inspire other Veterans I cross paths with. I look back today and see that my accident was a blessing in disguise, to help and encourage others who have been faced with similar trials and obstacles.

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June 5, 2017

Mr. Larry Karlin
4301 Martinique Cir Apt H-1
Coconut Creek, FL 33066

Dear Larry,

Congratulations on being selected as Ambassador for the 2017 National Veterans Summer Sports Clinic in San Diego, California. I am excited to learn of this great news and wish you all the best as you serve at the National Veterans Summer Sports Clinic Ambassador Program.

I am honored to represent you in the United States Congress. I look forward to seeing you again soon. In the meantime, please feel free to contact me if I may be of assistance to you.

With warm regards,

Ted Deutch
Member of Congress

TD:tb

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*"I am the greatest obstacle
to my greatest dreams."*

-Craig D. Lounsbrough

RECREATION EVENTS

Superbowl LII Party~Sunday, February 4th~\$10 Refundable Table Reservation
 Come join the Recreation Department and watch Superbowl LII on the BIG screen. BYOB!
 Registration begins on Thursday, December 7th at the Recreation Office. If you would like to reserve a table, a \$10 refundable deposit is required.

Semi-Annual White Elephant Sale~Friday, February 23rd~\$10.00 Table Reservation
 Join us for huge bargains & unbelievable prices from 9:30am-2:00pm in the Grand Ballroom.
 Registration begins Thursday, January 4th at the Recreation Office by the Main Pool. All those who participated in Summer sale are eligible to register on Thursday, February 1st.

36th Festival of the Arts~Saturday, March 17th & Sunday, March 18th
10:00am-2:00pm~FREE EVENT

This event is in the Grand Ballroom. All residents and their guest are welcome to join us and marvel at your neighbors and friends artwork. Registration begins Wednesday, January 3rd at the Country Club Library.



Sign up for events in the Recreation Office by the Pool, Monday-Friday from 8:00am-4:45pm. Recreation events are subject to change/cancellation. For more information call Recreation at 954-978-2600, press 1.



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Articles that are submitted to the **INSIDER Newspaper**, must be clearly written, preferably typed in upper and lower case and have a contact number for questions. (not for publication). **IT IS IMPORTANT** that information is **TIMELY**. Please watch dates! Your photos are welcomed as well! *Thank you, Insider Staff*



LOST CAT - PLEASE HELP!

Domestic Orange and Tabby, named Tango.
 Last seen in Wynmoor Village on Saturday 8-5-17.
 Tango is a 2-year-old, spayed male.
 He wears a black collar with a tag.

If you see him, please call me. **OFFERING REWARD!**
 I live in Portofino and I miss him terribly. **GOD BLESS!**

Home: 954-973-3898 • Cell: 646-262-7187 or 646-361-1539



News From Temple Beth-Am

By Toby Gordon

Hope that everyone had a nice Holiday Season with friends and family. Now is the time that all of the Snowbirds are back, and our activities are in their height. On January 7th, at 1:00 PM, we will be hosting "Kaskeset." They are a Jewish a cappella group that was formed at Binghamton University in 1996, and has become one of the premier Jewish singing troupes in the country.

On February 10th, 2018, at 8:00 PM, a four-member band called "Safam" will be performing. They are often copied, but never duplicated. A lot of their music is original, with both the music and the lyrics being composed by members of the band.

Feel free to contact the Temple office or the Program Director for further information about activities at our Temple. Our Sisterhood and Men's Club continue to have interesting speakers and activities. For further information call 954-968-4545, or check our web site at: www.beth-am.org

Open Art Studio

By Phillis Teitler

Welcome, once again to our 5th Annual fun and social, "Open Art Studio Night," at the Clubhouse. You will see beautiful paintings from our own artists. You also may want to buy a piece or two. Friday, January 19th from 7:00 PM - 9:00 PM. Wine and snacks will be served, and you can enjoy painting demos. See you there!

Canasta Tournament

By Ann Elkin

Players wanted! Please come and spend a beautiful morning and afternoon playing canasta. Meet lovely ladies and win money also! We meet every Thursday morning at 10:00 AM in the East Wing. Entrance fee is \$5 to play. For more info, call Ann Elkin at 954-978-0911.

Coconut Creek Idol

Dates: Jan, 18, 2018

Location: Coconut Creek, Florida

Address: 2452 Lyons Road

Contact: Leo Moleiro

Email: creekidol@coconutcreek.net

How to find us: Township Center for the Performing Arts

Website: www.coconutcreek.net/creekidol

Phone: 954-545-6682

Annual singing competition for Coconut Creek residents Thursday, January 18th, from 6:30PM to 8:30 PM Held at the Township Center for Performing Arts, 2452 Lyons Road, Coconut Creek, FL 33063 - Coconut Creek residents only Free to register - Must be at least 11 years old to compete Winner will receive the chance to perform their winning song at the 2018 Butterfly Festival, sing the National Anthem and an award For more information on how to register, please visit www.coconutcreek.net/creekidol or call 954-545-6682.

Riverwalk Chili Cook Off

By Riverwalk Fort Lauderdale, Inc.

On Saturday, January 27th, Riverwalk Fort Lauderdale will be hosting our annual *Riverwalk Chili Cook Off* at Esplanade Park. The goal of this annual event is to bring together professional, amateurs and teams of aspiring and non-aspiring cooks together for a friendly chili cook off competition where "YOU BE THE JUDGE." The event is **FREE** to attend for Chili lovers of all ages, Riverwalk supporters and well-behaved dogs **on leash**. For \$5, attendees will be able to sample multiple chilies and vote on who they think makes the best chili.

The afternoon will be complete with live entertainment, vendors and fun activities for all to enjoy; while raising funds for Riverwalk Fort Lauderdale and multiple local non-profit organizations. A limited number of guests 21 and over can enjoy the VIP Chill Zone, where they can "chill out," and enjoy some adult beverages while they ponder their choice for the Best Chili.

****Please note- VIP area is for guests 21 and OVER; no babies or children will be permitted in the VIP area****

FAQs: Are there ID or minimum age requirements to enter the event?

The event is open to all ages. The VIP is ONLY OPEN TO 21+ - no babies or children will be permitted in the VIP area.

What can I bring into the event?: Feel free to bring your lawn chairs or blankets with your families, friends and pets. No outside alcohol or coolers will be permitted.

What's the refund policy?: There are no refunds for any reason.

Date and Time: Sat, January 27, 2018 - 12:00 PM - 4:00 PM EST

Location: Esplanade Park - 400 Southwest 2nd Street - Ft Ldle, FL 33312

Refund Policy: No Refunds

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Puzzles and Games

Solutions from page 20

Crossword Puzzle

S	C	A	L	D		C	E	D	E		B	E	S	T	
L	A	M	I	A		L	X	I	V		U	R	L	S	
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W	E	A	T	H	E	R	M	A	N		T	O	E	S	
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Happy New Year

S	E	T	B	A	B	N	E	W	Y	E	A	R	S	E	V	E	Y
G	C	H	A	M	P	A	G	N	E	T	Y	I	M	N	S	T	T
E	N	S	S	U	E	T	H	C	D	A	N	C	E	D	R	H	R
S	Q	I	N	F	E	T	O	O	D	M	U	A	Y	O	E	I	A
E	F	C	G	F	I	N	A	S	L	S	U	E	R	F	K	R	P
D	H	E	F	N	F	R	R	R	R	I	A	S	E	D	A	T	S
A	I	U	S	E	I	A	S	E	B	R	D	N	I	E	M	Y	K
R	B	B	T	I	E	S	M	T	I	E	S	A	F	C	E	F	R
A	M	T	A	Y	I	A	N	N	O	R	L	A	Y	E	S	I	O
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N	D	E	A	R	L	E	I	N	I	H	J	V	C	B	O	S	E
D	N	E	T	R	V	O	N	T	E	T	E	A	S	E	N	T	R
A	I	S	W	I	A	A	O	R	I	N	A	S	N	R	O	H	I
Y	G	Y	E	O	B	I	T	N	T	E	I	R	R	U	K	C	F
O	H	W	I	N	E	I	T	S	S	K	S	I	O	H	A	I	S
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S	R	E	Z	I	E	P	P	A	Y	F	R	I	E	N	D	S	

Sudoku

6	7	4	1	5	3	8	2	9
3	9	2	6	4	8	1	5	7
8	1	5	7	9	2	3	6	4
7	5	3	4	1	6	9	8	2
2	8	1	9	3	5	7	4	6
4	6	9	8	2	7	5	1	3
1	3	7	5	6	4	2	9	8
9	2	6	3	8	1	4	7	5
5	4	8	2	7	9	6	3	1

Find and circle all of the words that are hidden in the grid.
 The remaining letters spell an activity played on Halloween.
 The hidden message is: : TIMES SQUARE IN NEW YORK CITY

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Flooring Contractor

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and money.
We already
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measurements.
Call us for your
FREE quote
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EVERY MAJOR BRAND OF FLOOR COVERING!



HUGE SAVINGS ON ALL TYPES OF FLOORING

- Carpet and Tile from **79¢ sq. ft.**
- Free upgraded padding
- No extra charge for removal and disposal of existing carpet

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Coupon

**Carpets by Mr. Jason
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Coupon

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**Bring a friend in to purchase flooring
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Coupon

Purchase must be over \$500.00

Coupon





Wendy Peck and
 Daughter
 Cheryl Stein
 Mother

Wynmoor's Daughter & Resident Mather Real Estate Team

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**THIS MONTH'S FEATURED PROPERTIES
 ARE THE **LOWEST PRICED** UNITS WITH
INSIDE WASHER/DRYERS ON THE MARKET!**



FEATURED PROPERTY

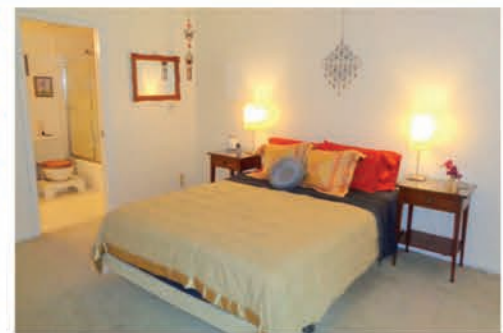
3304 Aruba C2 • \$67,000



Furnished, Glass Enclosure, Just Beautiful!

FEATURED PROPERTY

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 2/2 RANGING FROM \$78K-\$235K

14 **ONE BEDROOMS
 FOR SALE**
 RANGING FROM \$47K-\$80K
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WE SHOW YOU ALL LISTINGS THAT ARE ON THE MARKET IN MLS

Don't Make A Move Without Me!

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954-675-3700

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